

CAPITAL VALLEY CONFERENCE

GIRLS TRACK ALL CONFERENCE TEAMS

2024

100	Bosley, Londyn - Inderkum	Stone, Mahogany - Inderkum
200	Stone, Mahogany - Inderkum	Williams, Jazzmin - Inderkum
400	Perry, Jewel - Yuba City	Bosley, Londyn - Inderkum
800	Mazzei, Haley - Bella Vista	Corder, Zoe - Bella Vista
1600	Corder, Zoe – Bella Vista	Mazzei, Hale -Bella Vista
3200	Corder, Zoe - Bella Vista	Anguiano, April - River Valley
High Hurdles	Zamudio, Liberty - Woodcreek	Bardusova, Polina – Bella Vista
Low Hurdles	Bardusova, Polina - Bella Vista	Nair, Ryan -Woodcreek
High Jump	Zamudio, Liberty – Woodcreek	Heise, Nia - Yuba City
Pole Vault	Ryan, Fiona - Bella Vista	Jensen, Eva - Bella Vista
Long Jump	Zamudio, Liberty - Woodcreek	Phillips, Grace - Roseville
Triple Jump	Zamudio, Liberty - Woodcreek	Ryan, Fiona - Bella Vista
Shot Put	Hunter, Kyley – Roseville	Davis, Anjali - Yuba City
Discus	Tankard, Ericka 1River Valley	Lomax, Allison - Woodcreek
4x100 Relay	Yuba City	Antelope
	Brown, Rylee	Wells, Mykala
	Perry, Jewel	Corey, Madi
	Beltran, Mia	Smith, Jayda
	Lopez I, Ariana	Bailey, Neha
4x400 Relay	Yuba City	Inderkum
	Lopez I, Ariana	Bosley, Londyn
	Beltran, Mia	Wilson, Nariyah
	Beltran, Tayah	Bugarin, Julia
	Perry, Jewel	Jordan-Curtis, Aleecia
4 x 800 Relay	Bella Vista	Roseville
	Mazzei, Haley	Alexander, Mia
	Fritz, Jayden	Peterson, Melissa
	Pham, Sophi	Bernasconi, Ella
	Corder, Zoe	Williams, Grace

2023

100	Williams, Jazzmin – Inderkum	Stone, Mahogany – Inderkum
200	Stone, Mahogany - Inderkum	Corey, Madi – Inderkum
400	Corey, Madi – Inderkum	Perry, Jewel – Yuba City
800	Munoz, Casey – Inderkum	Laverty, Alanna - Woodcreek

1600	Gladush, Angela – Woodcreek	Thiara, Emma – River Valley
3200	Anguiano, April – River Valley	Thiara, Emma – River Valley
High Hurdles	Steuben, Lauren – Inderkum	Bardausova, Poliona – Bella Vista
Low Hurdles	Steuben, Lauren – Inderkum	McSweeney, Mia – Woodcreek
High Jump	Zamudia, Liberty – Woodcreek	Valentine, Reyana - Antelope
Pole Vault	Ryan, Fiona – Bella Vista	Jensen, Eva – Bella Vista
Long Jump	Luster, Hannah – Woodcreek	Hansen, Emily – Bella Vista
Triple Jump	Zamudia, Liberty – Woodcreek	Ryan, Fiona – Bella Vista
Shot Put	Davis, Anjali – Yuba City	Hunter, Kyley - Roseville
Discus	Davis, Anjali – Yuba City	Nelson, Grace – Yuba City
4x100 Relay	Inderkum	Antelope
	Stone, Mahogany	Wells. Mykala
	Jennings Casey	Madi, Corey
	Munoz, Casey	Andryushkin, Dasha
	Williams. Jazzmin	Valentine, Reyana
4x400 Relay	Woodcreek	Yuba City
	Laverty, Alanna	Beltran, Mia
	Gladys, Angela	Yanez, Julissa
	Canchola, Allison	Oregel, Julissa
	McSweeney, Mia	Perry, Jewel
4x800 Relay	River Valley	Woodcreek
	Nelson, Taylor	Henderson, Charlotte
	Thiara, Emma	Nair, Ryam
	Bonds, Autum	McCall, Areana
	Anguiano, April	Steinke, Lindsay

2022

100	Yanez, Nataleah - Yuba City	Bluemel, Emily - Bella Vista
200	Yanez, Nataleah - Yuba City	Rasmussen, Isabelle - Bella Vista
400	Harris, Zyah - Inderkum	Munoz, Casey Inderkum
800	Swenson, Leila - Bella Vista	Laverty, Alanna - Woodcreek
1600	Swenson, Leila - Bella Vista	Richey, Elizabeth - Woodcreek
3200	Swenson, Leila - Bella Vista	Mahony, Maeve - Inderkum
High Hurdles	O'Brien, Kathleen - Bella Vista	Beverley, Syniah - Inderkum
Low Hurdles	O'Brien, Kathleen - Bella Vista	Beverley, Syniah - Inderkum
High Jump	Chilcutt, Isabella - Bella Vista	Collier, Myah - Inderkum
Pole Vault	Ryan, Fiona - Bella Vista	Bartells, Brecken - Inderkum
Long Jump	Rasmussen, Isabelle - Bella Vista	Purdy, Azaria - Inderkum
Triple Jump	Purdy, Azaria - Inderkum	Hansen, Emily - Bella Vista
Shot Put	Davis, Anjali - Yuba City	Mann, Julia - Bella Vista
Discus	Nelson, Grace - Yuba City	Mann, Julia - Bella Vista
4x100 Relay	Bella Vista	Yuba City
	O'Brien, Kathleen	Perry, Jewel

	Bluemel, Emily	Yanez, Nataleah
	Ragagli, Ryan	Schroeder, Talynn
	Rasmussen, Isabelle	Quintana, Kaylee
4x400 Relay	Yuba City	Inderkum
	Perry, Jewel	Harris, Zyah
	Beltran, Mia	Purdy, Azaria
	Yanez, Nataleah	Beverley, Syniah
	Quintana, Kaylee	Munoz, Casey

2021

100	Yanez, Nataleah - Yuba City	Hicks, Enviey - Inderkum
200	Dismukes, Reyna - Bella Vista	Yanez, Nataleah - Yuba City
400	Sandle, Madison - Roseville	Quintana, Kaylee - Yuba City
800	Laverty, Alanna - Woodcreek	Fenner, Emily - Inderkum
1600	Swenson, Leila - Bella Vista	Richey, Elizabeth - Woodcreek
3200	Swenson, Leila - Bella Vista	Mannerino, Julia - Bella Vista
High Hurdles	O'Brien, Kathleen - Bella Vista	Bluett, Sumarra - Yuba City
Low Hurdles	O'Brien, Kathleen - Bella Vista	Chilcutt, Isabella - Bella Vista
High Jump	Chilcutt, Isabella - Bella Vista	Rasmussen, Isabelle - Bella Vista
Pole Vault	Robinson, Zipporah - Bella Vista	No 2nd place
Long Jump	Dismukes, Reyna - Bella Vista	Rasmussen, Isabelle - Bella Vista
Triple Jump	Dismukes, Reyna - Bella Vista	Radcliff, Rachel - Bella Vista
Shot Put	Bennett, Georgia - Woodcreek	Mann, Julia - Bella Vista
Discus	Mann, Julia - Bella Vista	Payne, Epiphany - Inderkum
4x100 Relay	Bella Vista	Roseville
	O'Brien, Kathleen	McNairy, Carleigh
	Dismukes, Reyna	Cantrell Frierson
	Ragagli, Ryan	Sandle, Alyssa
	Rasmussen, Isabelle	Sandle, Madison
4x400 Relay	Inderkum	Yuba City
	Munoz, Casey	Yanez, Nataleah
	Hicks, Enviey	Bui, Camtriss
	Fenner, Megan	Smith, Jade
	Fenner, Emily	Quintana, Kaylee

2020

Due to Covid 19, the 2020 season was canceled

2019

100	Evans, Maiya - Woodcreek	Barthel, Emma - Bella Vista
200	Evans, Maiya - Woodcreek	Burton, Kylie - Antelope
400	Burton, Kylie - Antelope	Glaude, Analexis - Roseville
800	Sandoval, Alex - Woodcreek	Conine, Sarah - River Valley

1600	Swenson, Leila - Bella Vista	McKee, Melina - Woodcreek
3200	Irvine, Lisa - Woodcreek	Swenson, Leila - Bella Vista
High Hurdles	Chilcutt, Isabella - Bella Vista	Knowles, Jade - Inderkum
Low Hurdles	Burton, Kylie - Antelope	Chilcutt, Isabella - Bella Vista
High Jump	Chilcutt, Isabella - Bella Vista	Nielson, Gianna - Woodcreek
Pole Vault	Wright, Shae - Bella Vista	Kirkpatrick, Aaliyah - Bella Vista
Long Jump	Barthel, Emma - Bella Vista	Pantis, Zoe - Bella Vista
Triple Jump	Raddcliff, Rachel - Bella Vista	Miller, Amber - Woodcreek
Shor Put	Po'oi, Lisa - River Valley	Mbarack, Farida - Woodcreek
Discus	Fernandex, Citlali - Yuba City	Mann, Julia - Bella Vista
4x100 Relay	Bella Vista	Woodcreek
	Pantis, Zoe	Blankenship, CJ
	Dismukes, Reyna	Heywood, Valerie
	Raddcliff, Rachel	Miller, Amber
	Barthel, Emma	Evans, Maiya
4x400 Relay	Roseville	Woodcreek
	Bernardy, Ciera	Blankenship, CJ
	Glaude, Analexis	Heywood, Valerie
	Comacho, Alexia	Mekee, Melina
	Sandle, Madison	Sandoval, Alex

2018

100	Bennett, Josalynn - Cosumnes Oaks	Barthel, Emma - Bella Vista
200	Barthel, Emma - Bella Vista	Bennett, Josalynn - Cosumnes Oaks
400	Steiner, Shae - Ponderosa	Glaude, Analexis - Roseville
800	David, Rosemary - Cosumnes Oaks	Stacy, Siena - Ponderosa
1600	Hicks, Anna - Ponderosa	Hartke, Alize - Oakmont
3200	Hicks, Anna - Ponderosa	Harper, Natalie - Cosumnes Oaks
High Hurdles	Peschke, Sadye - Bella Vista	Fletcher, Mackenzie - Ponderosa
Low Hurdles	Peschke, Sadye - Bella Vista	Fletcher, Mackenzie - Ponderosa
High Jump	Hirsch, Emma - Oakmont	Mays, Emma - Roseville
Pole Vault	Payan, Rachel - Whitney	Simmons, Isabel - Whitney
Long Jump	Barthel, Emma - Bella Vista	Johnson, Sydney - Whitney
Triple Jump	Radcliff, Rachel - Bella Vista	Bjorgen, Jenny - Bella Vista
Shot Put	Billings, Markayla - Cosumnes Oaks	Yoder, Kelsie - Ponderosa
Discus	Scott, Abigail - Whitney	Yoder, Kelsie - Ponderosa
4x100 Relay	Bella Vita	Cosumnes Oaks
	Worthington, Kendra	Moore, Miah
	Peschke, Sady	Bennett, Josalynn
	Pantis, Zoe	Lowe, Elise
	Barthel, Emma	Poston, Kaliyah
4x400 Relay	Cosumnes Oaks	Antelope
	David, Rosemary	Jacobs, Taylor
	Bennett, Josalynn	Johnson, Amilleion

Moore, Miah
Cornish, Deborah

Huddleston, Amaya
Burton, Kylie

2017

100	Fletcher, Mackenzie - Ponderosa	Bennett, Josallynn - Cosumnes Oaks
200	Barthel, Emma - Bella Vista	Bennett, Josallynn - Cosumnes Oaks
400	Bohren, Jaidyn - Oakmont	Burton, Kylie - Antelope
800	Meade, Madison - Roseville	Dix, Victoria - Bella Vista
1600	Meade, Madison - Roseville	Hartke, Alize - Oakmont
3200	McKinney, Cessair Bella Vista	Hartke, Alize - Oakmont
High Jump	Peschke, Sadye - Bella Vista	Hanf, Emma - Ponderosa
Low Hurdles	Peschke, Sadye - Bella Vista	Fletcher, Mackenzie - Ponderosa
High Jump	Mays, Emma - Roseville	Gray, Brooke - Bella Vista
Pole Vault	Payan, Rachel - Whitney	Price, Robyn - Cosumnes Oaks
Long Jump	Barthel, Emma - Bella Vista	Nicole Terry - Cosumnes Oaks
Triple Jump	Rush, Ashley - Ponderosa	Bowen-Seay, Bailey - Roseville
Shot Put	Daniels, Krsten - Del Campo	Jensen, Natalie - Del Campo
Discus	Billings, Markayla - Cosumnes Oaks	Miguel, Hailey - Bella Vista
4x100 Relay	Bella Vista Worthington, Kendra Peschke, Sadye Panthis, Zoe Barthel, Emma	Cosumnes Oaks Moore, Miah Bennett, Josallynn Nicole Terry Butts, Arionna
4x400 Relay	Cosumnes Oaks Parker, Imani Cornish, Debra Bennett, Josallynn Moore, Miah	Bella Vista Worthington, Kendra Dix, Victoria Zschokke, Grace Peschke, Sadye

2016

100	Jimerson, Kendra - Ponderosa	Willis, Sianna - Cosumnes Oaks
200	Parker, Imani - Cosumnes Oaks	Willis, Sianna - Cosumnes Oaks
400	Parker, Imani - Cosumnes Oaks	Abdur-Rahim, Simone - Cosumnes Oaks
800	Derry, Kendall - Bella Vista	Meade, Madison - Roseville
1600	Derry, Kendall - Bella Vista	Eberle, Brook - Bella Vista
3200	Wohlenberg, Hannah - Bella Vista	McNerney, Sedona - Bella Vista
High Hurdles	Peschke, Sadye - Bella Vista	Johnson, Joy - Cosumnes Oaks
Low Hurdles	Peschke, Sadye - Bella Vista	Johnson, Joy - Cosumnes Oaks
High Jump	Rush, Ashley - Ponderosa	Dozier, Shelby - Bella Vista
Pole Vault	Fereira, Megan - Roseville	Gwin, Kourtney - Bella Vista
Long Jump	Terry, Nicole - Cosumnes Oaks	Herman, Emily - Ponderosa

Triple Jump	Terry, Nicole - Cosumnes Oaks	Mays, Emma - Roseville
Shot Put	Jackson, Sienna - Cosumnes Oaks	Roberson-Pile, Sydnee - Antelope
Discus	Roberson-Pile, Sydnee - Antelope	Kalembe, Tara - Bella Vista
4x100 Relay	Cosumnes Oaks Willis, Sianna Johnson, Joy Terry, Nicole Parker, Imani	Ponderosa Peterson, Anicka Jimerson, Kendra LaBad, Rebecca Torres, Anabella
4x400 Relay	Cosumnes Oak Parker, Imani Herod, Kendall Johnson, Joy Abdur-Rahim, Simone	Roseville Glaude, Analexis Carson, Brooke Ukaegbu, Nkiruka Meade, Madison

2015

100	Mcgee, Natsumi - Cosumnes Oaks	Arnold, Hannah - Whitney
200	Mcgee, Natsumi - Cosumnes Oaks	Parker, Imani - Cosumnes Oaks
400	Parker, Imani - Cosumnes Oaks	Herod, Kendall - Cosumnes Oaks
800	Derry, Kendall - Bella Vista	Meade, Madison - Roseville
1600	Derry, Kendall - Bella Vista	Loken, Kathryn - Del Campo
3200	Loken, Kathryn - Del Campo	Wohlenberg, Hannah - Bella Vista
High Hurdles	Johnson, Joy - Cosumnes Oaks	Peschke, Sadye - Bella Vista
Low Hurdles	Johnson, Joy - Cosumnes Oaks	Le, Daphne - Oakmont
High Jump	Dozier, Shelby - Bella Vista	Daley, Christina - Whitney
Pole Vault	Fereira, Megan - Roseville	Johnson, Rylee - Ponderosa
Long Jump	Venerable, Mishaye - Cosumnes Oaks	Herman, Emily - Ponderosa
Triple Jump	Bryant, Tatyana - Antelope	Daley, Christina - Whitney
Shot Put	Roberson-Pile, Sydnee - Antelope	Jones-Lewis, Mikayla - Roseville
Discus	Kalembe, Tara - Bella Vista	Dunn, Brooke - Ponderosa
4x100 Relay	Cosumnes Oaks Mcgee, Natsumi Venerable, Mishaye Banales, Evy Terry, Nicole	Whitney Lewis, Maliyah Tran, Terrie Vieira, Marialana Arnold, Hannah
4x400 Relay	Cosumnes Oaks Parker, Imani Herod, Kendall Moore, Miah Mcgee, Natsumi	Roseville Sessano, Emma Carson, Brooke Ukaegbu, Nicki Meade, Madison

2014

MOST VALUABLE PLAYER
Kendall Derry, Bella Vista

	OUTSTANDING TRACK	OUTSTANDING FIELD:
	Tatiana Bell, Del Campo	Amanda Nichols, Bella Vista
100	Bell, Tatiana - Del Campo	Adams, Lauren - Christian Brothers
200	Bell, Tatiana - Del Campo	Dorsey, Tiyana - Oakmont
400	McNamara, Kasey - Del Campo	Le, Daphne - Oakmont
800	Derry, Kendall - Bella Vista	Derry, Kaitlin - Bella Vista
1600	Derry, Kendall - Bella Vista	Loken, Kathryn - Del Campo
3200	Loken, Kathryn - Del Campo	McNerney, Sedona - Bella Vista
High Hurdles	Williams, Jenna - Bella Vista	Le, Daphne - Oakmont
Low Hurdles	Le, Daphne - Oakmont	Williams, Jenna - Bella Vista
High Vault	Nichols, Amanda - Bella Vista	Gwin, Kourtney - Bella Vista
Long Jump	Sup, McKenzie - Bella Vista	Johnson, Hanna - Bella Vista
Triple Jump	Horst, Kate - Del Campo	Dorsey, Tiyana - Oakmont
Shot Put	Barnhard, Kendra - Oakmont	Jackson, Danielle - Christian Brothers
Discus	Jackson, Danielle - Christian Brothers	Barnhard, Kendra - Oakmont
4x100 Relay	Christian Brothers Adams, Lauren Gonzales-Smith, Natalia McNeely, Dominique Romani, Kara	Bella Vista Coulter, Mari Sutter, Emily Johnson, Hanna Healey, Jackie
4x400 Relay	Bella Vista Wohlenburg, Hannah Derry, Kaitlin Eberle, Brook Derry, Kendall	Del Campo McNamara, Kasey Capello, Kristi Bell, Tatiana Swigle, Jessica

2013

MOST VALUABLE PLAYER

Joy Weems, Del Campo
McKenzie Sup, Bella Vista

	OUTSTANDING TRACK	OUTSTANDING FIELD
	Kendall Derry, Bella Vista	Sarah Reinhardt, Bella Vista
100	Bell, Tatiana - Del Campo	Carte, Katie - Oakmont
200	Weems, Joy - Del Campo	Bell, Tatiana - Del Campo
400	Weems, Joy - Del Campo	Sup, McKenzie - Bella Vista
800	Derry, Kendall - Bella Vista	Feldkamp, Ashley - Bella Vista
1600	Derry, Kendall - Bella Vista	Derry, Kaitlin - Bella Vista
3200	Garcia, Karlie - Oakmont	McNerney, Sedona - Bella Vista
High Hurdles	Vivaldi, Sophia - Bella Vista	Williams, Jenna - Bella Vista
Low Hurdles	Romani, Kara - Christian Brothers	Le, Daphne - Oakmont

High Jump	Reinhardt, Sarah - Bella Vista	Dozier, Shelby - Bella Vista
Pole Vault	Berg, Molly - Oakmont	Nichols, Amanda - Bella Vista
Long Jump	Sup, McKenzie - Bella Vista	Romani, Kara - Christian Brothers
Triple Jump	Carte, Katie - Oakmont	Horst, Kate - Del Campo
Shot Put	Makoyed, Anastasiya - Bella Vista	Youngblood, Amanda - Oakmont
Discus	Youngblood, Amanda - Oakmont	Jackson, Danielle - Christian Brothers
4x100 Relay	Del Campo Bell, Tatiana Horst, Kate Weems, Joy Capello, Kristi	Bella Vista Germoles, Ashlyn Johnson, Hanna Sutter, Emily Sup, McKensie
4x400 Relay	Del Campo Weems, Joy Swingle, Jessica Bell, Tatiana Capello, Kristi	Bella Vista Sup, McKenzie Feldkamp, Ashley Derry, Kendall Derry, Kaitlin

2012

MOST VALUABLE PLAYER
McKenzie Sup, Bella Vista

OUTSTANDING TRACK
Marisa Carino, Oakmont

OUTSTANDING FIELD:
Sarah Reinhardt, Bella Vista

100	Sup, McKenzie - Bella Vista
200	Sup, McKenzie - Bella Vista
400	Weems, Joy - Del Campo
800	Carino, Marisa - Oakmont
1600	Carino, Marisa - Oakmont
3200	Garcia, Karlie - Oakmont
High Hurdles	Vivaldi, Sophia - Bella Vista
Low Hurdles	Edgar, Autumn - Bella Vista
High Jump	Reinhardt, Sarah - Bella Vista
Pole Vault	Selby, Leah - Oakmont
Long Jump	Sup, McKenzie - Bella Vista
Triple Jump	Carte, Katie - Oakmont
Shot Put	Barnhard, Kendra - Oakmont
Discus	Youngblood, Amanda - Oakmont
4x100 Relay	Del Campo Allen, Deborah Eberhardt, Sydney

Brown, Olivia - Del Campo
Weems, Joy - Del Campo
Dorsey, Tiyaana - Oakmont
Feldkamp, Ashley - Bella Vista
Garcia, Karlie - Oakmont
Lack, Sarah - Bella Vista
Edgar, Autumn - Bella Vista
Stevens, Elise - Bella Vista
Horst, Kate - Del Campo
Fisher, Sierra - Bella Vista
Romani, Kara - Christian Brothers
Horst, Kate - Del Campo
Rocco, Monica - Christian Brothers
Velez, Keanna - Bella Vista
Bella Vista
Bush, Lauren
Brianna Owen

	Brown, Olivia	Hannah Johnson 0
	Weems, Joy	Kingsbury, Karah
4x400 Relay	Bella Vista	Oakmont
	Sup, McKenzie	Sherazee, Aria
	Stevens, Elise	Dorsey, Tiwana
	Edgar, Autumn	Carino, Marisa
	Kingsbury, Karah	Carte, Katie

2011

MOST VALUABLE PLAYER

Jazmine Harper, Oakmont

OUTSTANDING TRACK

Marisa Carino, Oakmont

OUTSTANDING FIELD

Angie Charles, Bella Vista

100	Sup, McKenzie - Bella Vista	Lim, Li - Bella Vista
200	Harper, Jazmin - Oakmont	Carte, Katie - Oakmont
400	Harper, Jazmin - Oakmont	Weems, Joy - Del Campo
800	Carino, Marisa - Oakmont	Nevins, Haley - Del Campo
1600	Carino, Marisa - Oakmont	Feldkamp, Ashley - Bella Vista
3200	Lack, Sara - Bella Vista	Kiteck, Susannah - Del Campo
High Hurdles	Vivaldi, Sophia - Bella Vista	Payne, Lauren - Christian Brothers
Low Hurdles	Stevens, Elise - Bella Vista	Amaro, Cheyenne - Oakmont
High Jump	Reinhardt, Sarah - Bella Vista	Shea, Brie - Oakmont
Pole Vault	Charles, Angie - Bella Vista	Selby, Leah - Oakmont
Long Jump	Harper, Jazmin - Oakmont	Sup, McKenzie - Bella Vista
Triple Jump	Hernandez, Michelle - Bella Vista	Carino, Britney - Oakmont
Shot Put	Parrish, Leah - Bella Vista	Ali, Sabrina - Oakmont
Discus	Velez, Keanna - Bella Vista	Rocco, Monica - Christian Brothers
4x100 Relay	Bella Vista	Rio Linda
	Bush, Lauren	Dillon, Kai Lai
	Lim, Li	Chapman, Paige
	Lohmeyer, Audrey	Sanchez, Gabrielle
	Sup, McKenzie	Robinson, Raesha
4x400 Relay	Casa Roble	Bella Vista
	Bailey, Kat	Lohmeyer, Audrey
	Sabini, Madison	Edgar, Autumn
	Bunyard, Amber	Stevens, Elise
	Schmitt, Kellie	Masuoka, Audrey

2010

NO RECORDS ON FILE

2009

100	Stephanie Oweka - Center	Khadijah Fortenberry - Center
200	T'Keyah Birkley - Foothill	Ka'Shay Johnson - Foothill
400	Ka'Shay Johnson - Foothill	Thandi Cato - Center
800	Martina Rios - Cosumnes Oaks	Amanda Rodriques - River City
1600	Audrey Foulk - Cosumnes Oaks	Amanda Rodriques - River City
3200	Audrey Foulk - Cosumnes Oaks	Milla Kravchuk - Antelope
High Hurdles	T'Keyah Birkley - Foothill	Bria Avery - Dixon
Low Hurdles	T'Keyah Birkley - Foothill	Tina Lane - Foothill
High Jump	Lawrell Dobbins - Foothill	Karlenna, Gipson - Antelope
Pole Vault	Sarah Nguyen - Center	Heather Haueter - Antelope
Long Jump	Karlenna Gipson - Antelope	Stephanie Oweka - Center
Triple Jump	Tina Lane - Foothill	Sabrina Briscoe - Antelope
Shot Put	Alyssa Manning - Rio Linda	Michelle Okoroike - Antelope
Discus	Alyssa Manning - Rio Linda	Michelle Okoroike - Antelope
4x100 Relay	Foothill	Center
	T'Keyah Birkley	Thandi Cato
	Tina Lane	Khadijah Fortenberry
	Genesse Dobbins	Kayla Harvey
	Ka'Shay Johnson	Stephanie Oweka
4x400 Relay	Foothill	Rio Linda
	Erika Hernndez	Aqueelah Armstead
	Ashelaque Brooks	Katie Rose-Daley
	Ka'Shay Johnson	Briittany Lugar
	Lawrell Johnson	Tina Mendoza