

# CAPITAL VALLEY CONFERENCE GIRLS BASKETBALL ALL CONFERENCE TEAMS

## 2018

|                  |           |     |                   |               |     |
|------------------|-----------|-----|-------------------|---------------|-----|
| Amos, Maddie     | Roseville |     | Lewis, Jada       | Whitney       | MVP |
| Bowen-Sea, Baile | Roseville |     | McCarrick, Kailee | Whitney       |     |
| Goodwin, Jordan  | Antelope  |     | Oberg, Kaitlyn    | Oakmont       |     |
| Harriel, Jzaniya | Antelope  | MVP | Rosette, Jordyn   | Cosumnes Oaks |     |
| Lathe, Sophia    | Del Campo |     | Spann, Arianna    | Antelope      |     |

## 2017

|                   |               |  |                   |           |     |
|-------------------|---------------|--|-------------------|-----------|-----|
| Birco, Sam        | Oakmont       |  | Lewis, Jada       | Whitney   |     |
| Goodwin, Antelope |               |  | McCarrick, Kailee | Whitney   |     |
| Hess, Jasmine     | Cosumnes Oaks |  | McCurry, Arianna  | Roseville |     |
| King, Timmi       | Ponderosa     |  | McKay, Shelby     | Roseville | MVP |
| Lake, Abreanna    | Cosumnes Oaks |  | Spann, Arianaa    | Antelope  |     |

## 2016

|                   |             |     |                    |               |  |
|-------------------|-------------|-----|--------------------|---------------|--|
| Baylon, Angelica  | Antelope    | MVP | Johnson, Nia       | Antelope      |  |
| Craft, Danielle   | Ponderosa   | MVP | McKay, Shelbie     | Roseville     |  |
| Crousch, Mackenz  | Oakmont     |     | Smith, Saraya      | Ponderosa     |  |
| DiRegolo, Rebecca | Bella Vista |     | Smith-Robinson, Ar | Cosumnes Oaks |  |
| Johnson, Nadia    | Antelope    |     | Witcher, Madison   | Cosumnes Oaks |  |

## 2015

|                   |             |  |                   |               |     |
|-------------------|-------------|--|-------------------|---------------|-----|
| Baylon, A J       | Antelope    |  | Johnson, Nadia    |               |     |
| Biggs, Daniele    | Del Campo   |  | McKay, Shelbie    | Roseville     |     |
| Clayton, Maddie   | Ponderosa   |  | Meyer, Shelbi     | Whitney       |     |
| Craft, Daniele    | Ponderosa   |  | Scott, Alana      | Whitney       |     |
| Croach, McKenzie  | Oakmont     |  | Warren, Cameo     | Antelope      | MVP |
| DeRegolo, Rebecca | Bella Vista |  | Whitcher, Madison | Cosumnes Oaks |     |

## 2014

|                   |                    |  |                  |                    |     |
|-------------------|--------------------|--|------------------|--------------------|-----|
| Garvy, Payton     | Bella Vista        |  | Mark, Kalani     | Christian Brothers |     |
| Gavia, Emilee     | Oakmont            |  | McAuliff, Deidre | Casa Roble         |     |
| Gonzales, Alicia  | Christian Brothers |  | McKechnie, Kirra | Christian Brothe   | MVP |
| Huffhines, Brandy | Rio Linda          |  | Porter, Dejanet  | Rio Linda          |     |
| Johnson, Kessler  | Bella Vista        |  | Sanders, Marissa | Rio Linda          |     |
| Jorst, Kate       | Del Campo          |  | Scarbeery        | Casa Roble         |     |

## 2013

|                 |            |  |                  |         |  |
|-----------------|------------|--|------------------|---------|--|
| Aubert, Krystal | Casa Roble |  | Martin, Brittany | Oakmont |  |
|-----------------|------------|--|------------------|---------|--|

|                   |                    |     |                  |                    |
|-------------------|--------------------|-----|------------------|--------------------|
| Burch, Ana        | Christian Brothers | MVP | McKechnie, Kirra | Christian Brothers |
| Francis, Olivia   | Oakmont            |     | Noble, Laura     | Del Campo          |
| Jackson, Teryn    | Bella Vista        |     | Roberson, Megan  | Del Campo          |
| Johnson, Kesles   | Bella Vista        |     | Sanders, Marissa | Rio Linda          |
| Macklin, Jazlynne | Del Campo          |     | Valmores, Niel   | Christian Brothers |

## 2012

|                  |                    |     |                  |                    |
|------------------|--------------------|-----|------------------|--------------------|
| Bemby, Jazmine   | Christian Brothers |     | Huffhines, Amber | Rio Linda          |
| Burch, Ishana    | Christian Brothers | MVP | Josephson, Kayla | Del Campo          |
| Felicio, Amber   | Casa Roble         |     | Martin, Brittany | Oakmont            |
| Francis, Olivia  | Oakmont            |     | Stepper, Shelby  | Bella Vista        |
| Gonzalez, Alicia | Christian Brothers |     | Valmores, Neil   | Christian Brothers |
| Harding, Amora   | Del Campo          |     | Vogt, Jasmine    | Casa Roble         |

## 2011

|                 |                    |  |                  |                    |
|-----------------|--------------------|--|------------------|--------------------|
| Ayers, Marlesha | Rio Linda          |  | Huffines, Amber  | Rio Linda          |
| Baer, Briana    | Casa Roble         |  | Kelch, Shelly    | Oakmont            |
| Bembry Jasmine  | Christian Brothers |  | Logue, Kelly     | Bella Vista        |
| Burch, Ishiana  | Christian Brothers |  | Loudon, Sarah    | Rio Linda          |
| Going, Jennifer | Oakmont            |  | Parish Leah      | Bella Vista        |
| Harding, Amora  | Del Campo          |  | Sandoval Lynette | Christian Brothers |

## 2010

|                    |             |     |                  |               |
|--------------------|-------------|-----|------------------|---------------|
| Berryhill, Kristen | West Campus | MVP | Mendoza, Tina    | Rio Linda     |
| Cooley, Tara       | River City  |     | Palmer, Jessica  | West Campus   |
| Henderson, Jazmi   | Dixon       |     | Thompson, Mayzia | Antelope      |
| Jackson, Deja      | Center      |     | Turner, Victoria | Cosumnes Oaks |
| Jones, Ciarra      | Dixon       |     | Yasuda, Aylssa   | West Campus   |

## 2009

|                   |            |  |                    |           |
|-------------------|------------|--|--------------------|-----------|
| Atwood, Ashley    | Dixon      |  | McGreevey, Danica  | Dixon     |
| Birkley, T'Keyah  | Foothill   |  | Mendoza, Florentin | Rio Linda |
| Cooley, Tara      | Dixon      |  | Perkins, Leanne    | Center    |
| Gonzales, Vanessa | River City |  | Rucker, Brigitte   | Foothill  |
| Hall, Jasmine     | Foothill   |  | Stark, Kenya       | Center    |

## 2008

|                   |             |     |                   |             |
|-------------------|-------------|-----|-------------------|-------------|
| Barrett, Courtney | Dixon       |     | McGreevey, Danica | Dixon       |
| Birkley, Tkeyah   | Foothill    | MVP | McMahan, Sam      | Rio Linda   |
| Bryan, Royce      | Center      |     | Nicholson, Jordan | West Campus |
| Diaz, Tina        | West Campus |     | Soliai, Sam       | Center      |
| Hall, Jasmine     | Foothill    |     | Thao, Lucy        | River City  |

**2007**

|                   |            |     |                    |             |
|-------------------|------------|-----|--------------------|-------------|
| Appleberry, Jamie | River City |     | Loi, Jennifer      | West Campus |
| Birkley, T'keyah  | Foothill   |     | Manley-Case, Nicol | Rio Linda   |
| Donkor, Dorothy   | Rio Linda  | MVP | McMahan, Samant    | Rio Linda   |
| Hall, Jasmine     | Foothill   |     | Nicholson Jordan   | West Campus |
| Howlett Jasmine   | Center     |     | Slay, Solvanga     | Center      |

**2006**

|                  |            |     |                    |           |
|------------------|------------|-----|--------------------|-----------|
| Franklin, Angela | Vanden     | MVP | Stamps, Aleta      | Highlands |
| Kitchen, Ashley  | Dixon      |     | Hunter, Morgan     | Center    |
| Jackson, Dani    | Foothill   |     | Trammell, Jessica  | Rio Linda |
| West, Ally       | River City |     | Milton, Ashley     | Vanden    |
| Watson, Chinelle | Highlands  |     | Vergara, Christina | Center    |

**2005**

to

**2002**

NO RECORDS ON FILE

**2001**

|                  |           |     |                   |           |
|------------------|-----------|-----|-------------------|-----------|
| Daugherty, Kelly | Loretto   | MVP | Little, Becki     | Natomas   |
| Wright, Renee    | Center    |     | Brimberry, Laura  | Loretto   |
| Plumber, Jasmine | Natomas   |     | Rossi, Erin       | Highlands |
| Howell, Kyla     | Center    |     | Rossi, Trista     | Highlands |
| Rieux, Tamara    | Highlands |     | Trammell, Jessica | Rio Linda |

**2000**

|                    |           |     |                   |           |
|--------------------|-----------|-----|-------------------|-----------|
| Wright, Renee      | Center    | MVP | Strand, Kim       | Rio Linda |
| Sanchez, Jacque    | Mira Loma |     | Howell, Kyla      | Center    |
| Jean-Pierre, Cryst | Highlands |     | Belanger, Kristin | Loretto   |
| Hyde, Heather      | Center    |     | Rossi, Erin       | Highlands |
| Coats, Toccara     | Mira Loma |     | Plummer, Jasmine  | Natomas   |

**1999**

|                   |           |     |                |           |
|-------------------|-----------|-----|----------------|-----------|
| Freeman, Moniqu   | Natomas   |     | Hyde, Heather  | Center    |
| Khlok, Sophia     | Foothill  |     | Quales, Dawnie | Natomas   |
| Sanchez, Jacque   | Mira Loma |     | Tallman, Tola  | Mira Loma |
| Waller, Cassandra | Highlands |     | Willis, Jenny  | San Juan  |
| Wilson, Candace   | Highlands | MVP | Wright, Renee  | Center    |

**1998**

|                  |           |  |                     |           |
|------------------|-----------|--|---------------------|-----------|
| Freeman, Moniqu  | Natomas   |  | Khlok, Sophia       | Foothill  |
| Quales, Dawnie   | Natomas   |  | Jean-Pierre, Crysta | Highlands |
| Robertson, Moniq | Highlands |  | Sanchez, Jacque     | Mira Loma |

|               |           |     |              |        |
|---------------|-----------|-----|--------------|--------|
| Tallman, Tola | Mira Loma | MVP | Webb, Ruby   | Center |
| Wright, Renee | Center    |     | Young, Jante | Center |

## 1997

|                  |           |     |                   |           |
|------------------|-----------|-----|-------------------|-----------|
| Adams, Stephanie | Rio Linda |     | Loomis, Stephanie | Mira Loma |
| Lucky, Renisha   | Mira Loma |     | McNeal, Shavonne  | Highlands |
| Sheehan, Crystal | Foothill  |     | Simmons, Lisa     | San Juan  |
| Stewart, Marla   | Center    |     | Vincente, Vanessa | Natomas   |
| Webb, Ruby       | Center    | MVP | Wilson, Trisha    | San Juan  |

## 1996

|                  |           |  |                     |           |
|------------------|-----------|--|---------------------|-----------|
| Abeyta, April    | Mira Loma |  | Abeyta, Desralee    | Mira Loma |
| Burton, Nicole   | Center    |  | Hernandez, Leticia  | Mira Loma |
| Jones, Andrea    | Foothill  |  | McNeal, Shavonne    | Highlands |
| Santiago, Stacia | Galt      |  | Sheehan, Crystal    | Foothill  |
| Weaver, Barbara  | San Juan  |  | Woolstencroft, Shai | Galt      |

## 1995

|                   |               |     |                  |           |
|-------------------|---------------|-----|------------------|-----------|
| Abeyta, April     | Mira Loma     |     | Abeyta, Desralee | Mira Loma |
| Ibey, Krissta     | Rio Americano |     | Keeler, Kelly    | Center    |
| Lewis, Sarah      | Mira Loma     |     | Patel, Sweetu    | San Juan  |
| Scisinger, Rachel | Foothill      |     | Sheehan, Crystal | Foothill  |
| Sierras, Alma     | Center        | MVP | Weaver, Barbara  | San Juan  |

## 1994

|                 |               |     |                   |           |
|-----------------|---------------|-----|-------------------|-----------|
| Alcorcha, Angel | Roseville     | MVP | Alcorcha, Felicia | Roseville |
| Amott, Emily    | Rio Americano |     | Blackburn, Tangie | Foothill  |
| Klein, Lindsey  | Oakmont       |     | Nelson, Christine | Oakmont   |
| Ragsac, Nicci   | Foothill      |     | Simpkins, Kim     | Oakmont   |
| Vlasak, Jodie   | Roseville     |     | Zanzec, Angela    | Loretto   |

## 1993

|                 |               |     |                   |           |
|-----------------|---------------|-----|-------------------|-----------|
| Alcorcha, Angel | Roseville     |     | Alcorcha, Felicia | Roseville |
| Amott, Emily    | Rio Americano |     | Blackburn, Tangie | Foothill  |
| Gnagy, Susanne  | Mira Loma     |     | Miles, Jennifer   | Oakmont   |
| Overton, Angela | Foothill      |     | Simpkins, Kim     | Oakmont   |
| Stebbins, Elise | Roseville     | MVP | Turner, Holly     | Roseville |

## 1992

|                 |               |  |                  |               |
|-----------------|---------------|--|------------------|---------------|
| Alcorcha, Angel | Roseville     |  | Cooper, Jennifer | Rio Americano |
| Doljanin, Liz   | Rio Americano |  | Overton, Angela  | Foothill      |
| Ralphs, Marcy   | Oakmont       |  | Ralphs, Mindy    | Oakmont       |
| Selinger, Alice | Rio Americano |  | Shull, Christine | Mira Loma     |

|                 |           |  |              |         |     |
|-----------------|-----------|--|--------------|---------|-----|
| Stebbins, Elise | Roseville |  | Tatum, Kelly | Oakmont | MVP |
|-----------------|-----------|--|--------------|---------|-----|

## 1991

|                |           |     |                  |               |
|----------------|-----------|-----|------------------|---------------|
| Burden, Tricia | Roseville |     | Keenan, Marisa   | Oakmont       |
| McKee, Bonnie  | Roseville |     | McNeely, Shawnda | Roseville     |
| Pillard, Leda  | Roseville |     | Pinnick, Janice  | Mira Loma     |
| Tatum, Kelly   | Oakmont   | MVP | Taylor, Nicole   | Oakmont       |
| Ward, Kirshain | Highlands |     | Whitaker, Ann    | Rio Americano |

## 1990

|                   |               |     |                   |           |
|-------------------|---------------|-----|-------------------|-----------|
| Bush, Elayne      | Roseville     |     | Butler, Jendyi    | Highlands |
| Cecchi, Karry     | El Camino     |     | Francisco, Monica | El Dorado |
| Howe, Beckie      | Roseville     | MVP | Jones, Shannon    | Mira Loma |
| Manfredi, Jenny   | Rio Americano |     | Ogren, Coral      | El Dorado |
| Rodness, Christin | El Camino     |     | Tatum, Kelly      | Oakmont   |

## 1989

|                   |           |     |                   |               |
|-------------------|-----------|-----|-------------------|---------------|
| Alexander, Amy    | El Camino | MVP | Bernard, Trish    | Rio Americano |
| Francis, Stephani | Oakmont   |     | Francisco, Monica | El Dorado     |
| Gayaldo, Suanne   | Roseville |     | Jones, Shannon    | Mira Loma     |
| Lansing, Kim      | El Camino |     | Manfredi, Jenny   | Rio Americano |
| McCain, Angie     | Highlands |     | Webber, Nicole    | Loretto       |

## 1988

|                   |           |     |                   |               |
|-------------------|-----------|-----|-------------------|---------------|
| Alexander, Amy    | El Camino |     | Coughran, Monique | Rio Americano |
| Grijava, Kelly    | Foothill  |     | Jones, Wendy      | El Camino     |
| Hendrix, Pauletta | Encina    |     | Manfredi, Jenny   | Rio Americano |
| McCully, Sheila   | Mira Loma |     | Morris, Linny     | Mira Loma     |
| Pinnick, Pam      | Mira Loma | MVP | Rudger, Marci     | El Dorado     |
| Sordillo, Trista  | El Camino |     |                   |               |

## 1987

|                  |           |  |                    |               |
|------------------|-----------|--|--------------------|---------------|
| Alexander, Amy   | El Camino |  | Bach, Anja         | Rio Americano |
| Fat, Diana       | El Camino |  | Hearn, Kristin     | Rio Americano |
| Morris, Linny    | Mira Loma |  | Newmann, Naïke     | El Dorado     |
| Raney, Katie     | Mira Loma |  | Sabraw, Amber      | Rio Americano |
| Salazar, Christa | Encina    |  | Siladi, Vicki      | El Dorado     |
| Tigue, Jennifer  | El Dorado |  | Van Alstyne, Kelly | Mira Loma     |

## 1986

|                  |               |  |                   |           |
|------------------|---------------|--|-------------------|-----------|
| Dawson, Amy      | Rio American  |  | Espinosa, Allison | El Dorado |
| Geist, Susan     | Rio Americans |  | Givant, Laurie    | Mira Loma |
| Harrell, Laurell | El Camino     |  | McCaulley, Tami   | El Dorado |

McDonnel, Kim  
Reese, Jennifer  
Smith, Julie

Mira Loma  
Mira Loma  
Ponderosa

MVP

Reed, Susan  
Salcido, Toni

Rio Americano  
El Camino