

CAPITAL VALLEY CONFERENCE

GIRLS SWIMMING ALL CONFERENCE TEAMS

1st PLACE

2nd PLACE

2018

3 Meter Diving	Umeda, Sahah	Oakmont	Trageser, Aly	Ponderosa
200 Medlay Relay	Votava, Morgan Sindlar, Madilyn Jara, Kate Parenti, Makenna	Whitney Whitney Whitney Whitney	Saenz, Elena Hensley, Nicole Abner, Mia Batchelor, Kate	Bella Vista Bella Vista Bella Vista Bella Vista
200 Free	Ayala, Mackenzie	Antelope	Vos, Kolya	Ponderosa
200 IM	Votava, Morgan	Whitney	Cordova, Sydney	Oakmont
50 Free	Hensley, Nicole	Bella Vista	Parenti, Makenna	Whitney
100 Butterfly	Sindlar, Madilyn	Whitney	Parenti, Makenna	Whitney
100 Free	Ayala, Mackenzie	Antelope	Vos, Kolya	Ponderosa
500 Free	Vogel-Rigler, Verity	Whitney	Cordova, Sydney	Oakmont
200 Free Relay	Parenti, Makenna Votava, Morgan Choffin, Morgan Sindlar, Madilyn	Whitney Whitney Whitney Whitney	Saenz, Elena Hensley, Nicole Abner, Mia Batchelor, Kate	Bella Vista Bella Vista Bella Vista Bella Vista
100 Back	Votava, Morgan	Whitney	Saenz, Elena	Bella Vista
100 Breast	Sindlar, Madilyn	Whitney	Wilmoth, Amy	Ponderosa
400 Free Relay	Wilmoth, Amy Kott, Kendall Lardie, Delaney Vos, Kolya	Ponderosa Ponderosa Ponderosa Ponderosa	LaMadrid, Ellicia Rowell, Missy Boatwright, Kyleigh Reno, Lauryn	Oakmont Oakmont Oakmont Oakmont

1st PLACE

2nd PLACE

2017

3 Meter Diving	Marriott, Lauren	Ponderosa	Umeda, Sarah	Oakmont
200 Medlay Relay	Cordova, Alex Cordova, Sydney Lawrence, Devyn Shibata, Emma	Oakmont Oakmont Oakmont Oakmont	Jeung, Ava Parenti, Makenna Sindlar, Madilyn Votasva, Morgan	Whitney Whitney Whitney Whitney
200 Free	Ayala, McKenzie	Antelope	Vos, Kolya	Ponderosa
200 IM	Shibata, Emma	Oakmont	Votava, Morgan	Whitney
50 Free	Vos, Kolya	Ponderosa	Hensley, Nicole	Bella Vista
100 Butterfly	Sindlar, Madilyn	Whitney	Cordova, Alex	Oakmont
100 Free	Ayala, McKenzie	Antelope	Choffin, Morgan	Whitney

500 Free	Vogel-Rigler, Verity	Whitney	Rowell, Melissa	Oakmont
Relay	Choffin, Morgan	Whitney	Boatwright, Kyleigh	Oakmont
200 Free	Oliveros, Jessica	Whitney	Lawrence, Devyn	Oakmont
	O'Meara, Lauren	Whitney	Primavera, Rylee	Oakmont
	Parenti, Makenna	Whitney	Shibata, Emma	Oakmont
100 Back	Votava, Morgan	Whitney	Cordova, Alex	Oakmont
100 Breast	Shibata, Emma	Oakmont	Hensley, Nicole	Bella Vista
400 Free	Oliveros, Jessica	Whitney	Kendall, Kott	Ponderosa
Relay	Choffin, Morgan	Whitney	Lardie, Delaney	Ponderosa
	Sindelar, Madilyn	Whitney	Stoddard, Ashlie	Ponderosa
	Votava, Morgan	Whitney	Vos, Kolya	Ponderosa

1st PLACE

2nd PLACE

2017

3 Meter Diving	Marriott, Lauren	Ponderosa	Umeda, Sarah	Oakmont
200 Medley Relay	Cordova, Alex	Oakmont	Jeung, Ava	Whitney
	Cordova, Sydney	Oakmont	Parenti, Makenna	Whitney
	Lawrence, Devyn	Oakmont	Sindelar, Madilyn	Whitney
	Shibata, Emma	Oakmont	Votava, Morgan	Whitney
200 Free	Ayala, McKenzie	Antelope	Vos, Kolya	Ponderosa
200 IM	Shibata, Emma	Oakmont	Votava, Morgan	Whitney
50 Free	Vos, Kolya	Ponderosa	Hensley, Nicole	Bella Vista
100 Butterfly	Sindelar, Madilyn	Whitney	Cordova, Alex	Oakmont
100 Free	Ayala, McKenzie	Antelope	Choffin, Morgan	Whitney
500 Free	Vogel-Rigler, Verity	Whitney	Rowell, Melissa	Oakmont
Relay	Choffin, Morgan	Whitney	Boatwright, Kyleigh	Oakmont
200 Free	Oliveros, Jessica	Whitney	Lawrence, Devyn	Oakmont
	O'Meara, Lauren	Whitney	Primavera, Rylee	Oakmont
	Parenti, Makenna	Whitney	Shibata, Emma	Oakmont
100 Back	Votava, Morgan	Whitney	Cordova, Alex	Oakmont
100 Breast	Shibata, Emma	Oakmont	Hensley, Nicole	Bella Vista
400 Free	Oliveros, Jessica	Whitney	Kendall, Kott	Ponderosa
	Choffin, Morgan	Whitney	Lardie, Delaney	Ponderosa
Relay	Sindelar, Madilyn	Whitney	Stoddard, Ashlie	Ponderosa
	Votava, Morgan	Whitney	Vos, Kolya	Ponderosa

1st PLACE

2nd PLACE

2016

1 Meter Diving	Marriott, Lauren	Ponderosa	Umeda, Sarah	Oakmont
200 Medley Relay	Green, Megan	Whitney	Shibata, Emma	Oakmont
	Sindelar, Madilyn		Cordova, Alex	

	Votava, Morgan Mill, Andreanna		Primavera, Rylee Cordova, Sydney	
200 Free	Ayala, Mackenzie	Antelope	Morrison, Kylie	Cosumnes Oaks
200 IM	Votava, Morgan	Whitney	Shibata, Emma	Oakmont
50 Free	Mill, Andreanna	Whitney	Bresnahan, Natalie	Ponderosa
100 Butterfly	Sindelar, Madilyn	Whitney	Parenti, Makenna	Whitney
100 Free	Ayala, Mackenzie	Antelope	Bresnahan, Natalie	Ponderosa
500 Free	Vogel-Rigler, Verity	Whitney	Rowell, Missy	Oakmont
200 Free Relay	Oliveros, Jessica Parenti, Makenna Sindelar, Madilyn Mill, Andreanna	Whitney	Kott, Kendall Vos, Koyla Nisson, Alexandra Bresnahan, Natalie	Ponderosa
100 Back	Cordova, Alex	Oakmont	Green, Megan	Whitney
100 Breast	Shibata, Emma	Oakmont	Jeung, Ava	Whitney
400 Free Relay	Stoddard, Ashlie Vos, Koyla Kott, Kendall Bresnahan, Natalie	Ponderosa	Choffin, Morgan O'Meara, Lauren Parenti, Makenna Votava, Morgan	Whitney

1st PLACE

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2015

1 Meter Diving	Ice, Madison	Bella Vista	Waters, Katrina	Roseville
200 Medley Relay	Green, Megan Votava, Loren Sindelar, Madilyn Daley, Christina	Whitney	Cordova, Alex Kim, Hanah Brandt, Rebecca Davis, Bella	Oakmont
200 Free	Davis, Bella	Oakmont	Nisson, Jacqueline	Ponderosa
200 IM	Votava, Lauren	Whitney	Shibata, Emma	Oakmont
50 Free	Bresnahan, Natalie	Ponderosa	Daley, Christina	Whitney
100 Butterfly	Sindelar, Madilyn	Whitney	Davis, Bella	Oakmont
100 Free	Bresnahan, Natalie	Ponderosa	Daley, Christina	Whitney
500 Free	Cordova, Alex	Oakmont	Kim, Hanah	Oakmont
200 Free Relay	Fulton, Abby Williams, Miranda Batchelor, Kate Blevins, Laura	Bella Vista	Primavera, Rylee Harper, Joslyn Shibata, Emma Bustamante, Cate	Oakmont
100 Back	Cordova, Alex	Oakmont	Green, Megan	Whitney
100 Breast	Votava, Lauren	Whitney	Shibata, Emma	Oakmont
400 Free Relay	Brandt, Rebecca Shibata, Emma Davis, Bella Kim, Hanah	Oakmont	Oliveros, Jessica Green, Megan Votava, Lauren Daley, Christina	Whitney

2014

200 Medlay Relay	Cordova, Alex Kim, Hannah Davis, Bella Harper, Joslyn	Oakmont	Shafer, Alyvia Hazewood, Karinah Warner, Sarah Peterson, Anika	Del Campo
200 Free	Davis, Bella	Oakmont	Warix, Sarah	Bella Vista
200 IM	Shibata, Emma	Oakmont	Brandt, Rebecca	Oakmont
50 Free	Hazewood, Karinah	Del Campo	Harper, Joslyn	Oakmont
100 Butterfly	Cordova, Alex	Oakmont	Brandt, Rebecca	Oakmont
100 Free	Davis, Bella	Oakmont	Madrigal-Geary, A	Christian Brothers
500 Free	Kim, Hannah	Oakmont	Warix, Sarah	Bella Vista
200 Free Relay	Hensley, Catherine Guy, Ava Fulton, Abby Warix, Sarah	Bella Vista	Brandt, Rebecca Lee, Michelle Bustamonte, Cate Harper, Joslyn	Oakmont
100 Back	Cordova, Alex	Oakmont	Fulton, Abby	Bella Vista
100 Breast	Kim, Hannah	Oakmont	Hazewood, Karinah	Del Campo
400 Free Relay	Kim, Hannah Davis, Bella Cordova, Alex Shibata, Emma	Oakmont	Williams, Miranda Williams, Alexis Fulton, Abby Warix, Sarah	Bella Vista

2013

200 Medlay Relay	Woster, Hannah Kim, Hannah Brandt, Rebecca Harper, Joslyn	Oakmont	Cody, Alexandra Emery, Paige Andre, Camille Rodgers, Elizabeth	Bella Vista
200 Free	Davis, Bella	Oakmont	Andre, Camille	Bella Vista
200 IM	Twomey, Sarah	Bella Vista	Williams, Alexis	Bella Vista
50 Free	Harper, Joslyn	Oakmont	Hazewood, Karinah	Del Campo
100 Butterfly	Andre, Camille	Bella Vista	Brandt, Rebecca	Oakmont
100 Free	Madrigal-Geary, A	Christian Brothers	Davis, Bella	Oakmont
500 Free	Kim, Hannah	Oakmont	Wariz, Sarah	Bella Vista
200 Free Relay	Baryak, Laura Allin, Natalie Wariz, Sarah Fulton, Abby	Bella Vista	Ewen, Lexi Hazewood, Karinah Warner, Sarah Josephson, Amanda	Del Campo
100 Back	Woster, Hannah	Oakmont	Preston, Cassie	Bella Vista
100 Breast	Kim, Hannah	Oakmont	Emery, Paige	Bella Vista
400 Free Relay	Wariz, Sarah Rodgers, Elizabeth	Bella Vista	Davis, Bella Harper, Joslyn	Oakmont

Fulton, Abby
Andre, Camille

Kim, Hannah
Woster, Hannah

2012

200 Medlay Relay	Shaffer, Alyvia Deehr, Shandee Johnson, Jenner Ellsworth, Tabatha	Del Campo	Miller, Jenny Andre, Camille Emery, Paige Miner, Natalie	Bella Vista
200 Free	Kim, Hannah	Oakmont	Whitall, Elsie	Bella Vista
200 IM	Miller, Jenny	Bella Vista	Bedford, Stephanie	Casa Roble
50 Free	Ellsworth, Tabatha	Del Campo	Sosa-Gausch, Zule	Bella Vista
100 Butterfly	Andre, Camille	Bella Vista	Brandt, Rebecca	Oakmont
100 Free	Ellsworth, Tabatha	Del Campo	Whitall, Elsie	Bella Vista
500 Free	Davis, Bella	Oakmont	Griffith, Sammy	Casa Roble
200 Free Relay	Miner, Natalie Whitall, Elsie Rodgers, Elizabeth Sosa-Gausch, Zuley	Bella Vista	Johnson, Jenner Shaffer, Alyvia Hazelwood, Karinah Ellsworth, Tabatha	Del Campo
100 Back	Woster, Hannah	Oakmont	Bedford, Stephanie	Casa Roble
100 Breast	Kim, Hannah	Oakmont	Emery, Paige	Bella Vista
400 Free Relay	Sosa-Gausch, Zuley Whitall, Elsie Miller, Jenny Andre, Camille	Bella Vista	Davis, Bella Lee, Michele Brandt, Rebecca Kim, Hannah	Oakmont

2011

200 Medlay Relay	Miller, Jenny Rodgers, Elizabeth Andre, Camille Miner, Natalie	Bella Vista	Schaefer, Alyvia Johnson, Jenner Gordon, Heather Ellsworth, Tabitha	Del Campo
200 Free	Struckmeyer, Hailey	Del Campo	Dahlberg, Ally	Del Campo
200 IM	Schiavenza, Kathlee	Christian Brothers	Bedford, Stephanie	Casa Roble
50 Free	Ellsworth, Tabitha	Del Campo	Miner, Natalie	Bella Vista
100 Butterfly	Rojo, Brittany	Christian Brothers	Andre, Camille	Bella Vista
100 Free	Rojo, Brittany	Christian Brothers	Ellsworth, Tabitha	Del Campo
500 Free	Struckmeyer, Hailey	Del Campo	Elliot, Summer	Casa Roble
200 Free Relay	Gordon, Heather Struckmeyer, Hailey Johnson, Jenner Ellsworth, Tabitha	Del Campo	Whitall, Elise Ellsworth, Amy Miner, Natalie Rodgers, Elizabeth	Bella Vista
100 Back	Bedford, Stephanie	Casa Roble	Rodgers, Elizabeth	Bella Vista
100 Breast	Emery, Paige	Bella Vista	Rodgers, Elizabeth	Bella Vista

400 Free Relay	Miller, Jenny Keene, Courtney Emery, Paige Andre, Camille	Bella Vista	Elliot, Summer Hanks, Jamie Sell, Sierra Bedford, Stephanie	Casa Roble
1 Meter Dive	Holden, Shelbie	Bella Vista	Strand, Sarah	Oakmont

2010

200 Medlay Relay	Schyler Boone Laura Garcia Nicole Hagstrom Devan Bobbit	Dixon	Elizabeth Oliphint Alicia Andrews Brittany Walker Rebecca McNeil	River City
200 Free	Rachel Nelson	Dixon	Alyssa Ringor	River City
200 IM	Laura Garcia	Dixon	Hannah Ludwig	West Campus
50 Free	Rebecca McNeil	River City	Elizabeth Oliphint	River City
100 Butterfly	Nicole Hagstrom	Dixon	Hannah Ludwig	West Campus
100 Free	Rebecca McNeil	River City	Devan Bobbit	Dixon
500 Free	Alex Kraminsky	Center	Rachel Nelson	Dixon
200 Free Relay	Laura Garcia Devan Bobbit Rachel Nelson Nicole Hagstrom	Dixon	Elizabeth Oliphint Sarah Garlinger Alyssa Ringor Rebecca McNeil	River City
100 Back	Laura Garcia	Dixon	Elizabeth Oliphint	River City
100 Breast	Carlee Chapin	Cosumnes Oaks	Nicole Hagstrom	Dixon
400 Free Relay	Amber Reed, Morgan Andrews Brittany Walker Alyssa Walker	River City	Alyssa Smith Danielle Fio Kacie Barren Rachel Nelson	Dixon