

CAPITAL VALLEY CONFERENCE

GIRLS TRACK ALL CONFERENCE TEAMS

2023

100	Williams, Jazzmin – Inderkum	Stone, Mahogany – Inderkum
200	Stone, Mahogany - Inderkum	Corey, Madi – Inderkum
400	Corey, Madi – Inderkum	Perry, Jewel – Yuba City
800	Munoz, Casey – Inderkum	Laverty, Alanna - Woodcreek
1600	Gladush, Angela – Woodcreek	Thiara, Emma – River Valley
3200	Anguiano, April – River Valley	Thiara, Emma – River Valley
High Hurdles	Steuben, Lauren – Inderkum	Bardausova, Poliona – Bella Vista
Low Hurdles	Steuben, Lauren – Inderkum	McSweeney, Mia – Woodcreek
High Jump	Zamudia, Liberty – Woodcreek	Valentine, Reyana - Antelope
Pole Vault	Ryan, Fiona – Bella Vista	Jensen, Eva – Bella Vista
Long Jump	Luster, Hannah – Woodcreek	Hansen, Emily – Bella Vista
Triple Jump	Zamudia, Liberty – Woodcreek	Ryan, Fiona – Bella Vista
Shot Put	Davis, Anjali – Yuba City	Hunter, Kyley - Roseville
Discus	Davis, Anjali – Yuba City	Nelson, Grace – Yuba City
4x100 Relay	Inderkum Stone, Mahogany Jennings Casey Munoz, Casey Williams. Jazzmin	Antelope Wells. Mykala Madi, Corey Andryushkin, Dasha Valentine, Reyana
4x400 Relay	Woodcreek Laverty, Alanna Gladush, Angela Canchola, Allison McSweeney, Mia	Yuba City Beltran, Mia Yanez, Julissa Oregel, Julissa Perry, Jewel
4x800 Relay	River Valley Nelson, Taylor Thiara, Emma Bonds, Autum Anguiano, April	Woodcreek Henderson, Charlotte Nair, Ryam McCall, Areana Steinke, Lindsay

2022

100	Yanez, Nataleah - Yuba City	Bluemel, Emily - Bella Vista
200	Yanez, Nataleah - Yuba City	Rasmussen, Isabelle - Bella Vista
400	Harris, Zyah - Inderkum	Munoz, Casey Inderkum
800	Swenson, Leila - Bella Vista	Laverty, Alanna - Woodcreek
1600	Swenson, Leila - Bella Vista	Richey, Elizabeth - Woodcreek

3200	Swenson, Leila - Bella Vista	Mahony, Maeve - Inderkum
High Hurdles	O'Brien, Kathleen - Bella Vista	Beverley, Syniah - Inderkum
Low Hurdles	O'Brien, Kathleen - Bella Vista	Beverley, Syniah - Inderkum
High Jump	Chilcutt, Isabella - Bella Vista	Collier, Myah - Inderkum
Pole Vault	Ryan, Fiona - Bella Vista	Bartells, Brecken - Inderkum
Long Jump	Rasmussen, Isabelle - Bella Vista	Purdy, Azaria - Inderkum
Triple Jump	Purdy, Azaria - Inderkum	Hansen, Emily - Bella Vista
Shot Put	Davis, Anjali - Yuba City	Mann, Julia - Bella Vista
Discus	Nelson, Grace - Yuba City	Mann, Julia - Bella Vista
4x100 Relay	Bella Vista	Yuba City
	O'Brien, Kathleen	Perry, Jewel
	Bluemel, Emily	Yanez, Nataleah
	Ragagli, Ryan	Schroeder, Talynn
	Rasmussen, Isabelle	Quintana, Kaylee
4x400 Relay	Yuba City	Inderkum
	Perry, Jewel	Harris, Zyah
	Beltran, Mia	Purdy, Azaria
	Yanez, Nataleah	Beverley, Syniah
	Quintana, Kaylee	Munoz, Casey

2021

100	Yanez, Nataleah - Yuba City	Hicks, Enviey - Inderkum
200	Dismukes, Reyna - Bella Vista	Yanez, Nataleah - Yuba City
400	Sandle, Madison - Roseville	Quintana, Kaylee - Yuba City
800	Laverty, Alanna - Woodcreek	Fenner, Emily - Inderkum
1600	Swenson, Leila - Bella Vista	Richey, Elizabeth - Woodcreek
3200	Swenson, Leila - Bella Vista	Mannerino, Julia - Bella Vista
High Hurdles	O'Brien, Kathleen - Bella Vista	Bluett, Sumarrah - Yuba City
Low Hurdles	O'Brien, Kathleen - Bella Vista	Chilcutt, Isabella - Bella Vista
High Jump	Chilcutt, Isabella - Bella Vista	Rasmussen, Isabelle - Bella Vista
Pole Vault	Robinson, Zipporah - Bella Vista	No 2nd place
Long Jump	Dismukes, Reyna - Bella Vista	Rasmussen, Isabelle - Bella Vista
Triple Jump	Dismukes, Reyna - Bella Vista	Radcliff, Rachel - Bella Vista
Shot Put	Bennett, Georgia - Woodcreek	Mann, Julia - Bella Vista
Discus	Mann, Julia - Bella Vista	Payne, Epiphany - Inderkum
4x100 Relay	Bella Vista	Roseville
	O'Brien, Kathleen	McNairy, Carleigh
	Dismukes, Reyna	Cantrell Frierson
	Ragagli, Ryan	Sandle, Alyssa
	Rasmussen, Isabelle	Sandle, Madison
4x400 Relay	Inderkum	Yuba City
	Munoz, Casey	Yanez, Nataleah
	Hicks, Enviey	Bui, Camtriss
	Fenner, Megan	Smith, Jade

Fenner, Emily

Quintana, Kaylee

2020

Due to Covid 19, the 2020 season was canceled

2019

100	Evans, Maiya - Woodcreek	Barthel, Emma - Bella Vista
200	Evans, Maiya - Woodcreek	Burton, Kylie - Antelope
400	Burton, Kylie - Antelope	Glaude, Analexis - Roseville
800	Sandoval, Alex - Woodcreek	Conine, Sarah - River Valley
1600	Swenson, Leila - Bella Vista	McKee, Melina - Woodcreek
3200	Irvine, Lisa - Woodcreek	Swenson, Leila - Bella Vista
High Hurdles	Chilcutt, Isabella - Bella Vista	Knowles, Jade - Inderkum
Low Hurdles	Burton, Kylie - Antelope	Chilcutt, Isabella - Bella Vista
High Jump	Chilcutt, Isabella - Bella Vista	Nielson, Gianna - Woodcreek
Pole Vault	Wright, Shae - Bella Vista	Kirkpatrick, Aaliyah - Bella Vista
Long Jump	Barthel, Emma - Bella Vista	Pantis, Zoe - Bella Vista
Triple Jump	Raddcliff, Rachel - Bella Vista	Miller, Amber - Woodcreek
Shor Put	Po'oi, Lisa - River Valley	Mbarack, Farida - Woodcreek
Discus	Fernandex, Citlali - Yuba City	Mann, Julia - Bella Vista
4x100 Relay	Bella Vista Pantis, Zoe Dismukes, Reyna Raddcliff, Rachel Barthel, Emma	Woodcreek Blankenship, CJ Heywood, Valerie Miller, Amber Evans, Maiya
4x400 Relay	Roseville Bernardy, Ciera Glaude, Analexis Comacho, Alexia Sandle, Madison	Woodcreek Blankenship, CJ Heywood, Valerie Mekee, Melina Sandoval, Alex

2018

100	Bennett, Josalynn - Cosumnes Oaks	Barthel, Emma - Bella Vista
200	Barthel, Emma - Bella Vista	Bennett, Josalynn - Cosumnes Oaks
400	Steiner, Shae - Ponderosa	Glaude, Analexis - Roseville
800	David, Rosemary - Cosumnes Oaks	Stacy, Siena - Ponderosa
1600	Hicks, Anna - Ponderosa	Hartke, Alize - Oakmont
3200	Hicks, Anna - Ponderosa	Harper, Natalie - Cosumnes Oaks
High Hurdles	Peschke, Sadye - Bella Vista	Fletcher, Mackenzie - Ponderosa
Low Hurdles	Peschke, Sadye - Bella Vista	Fletcher, Mackenzie - Ponderosa
High Jump	Hirsch, Emma - Oakmont	Mays, Emma - Roseville
Pole Vault	Payan, Rachel - Whitney	Simmons, Isabel - Whitney
Long Jump	Barthel, Emma - Bella Vista	Johnson, Sydney - Whitney

Triple Jump	Radcliff, Rachel - Bella Vista	Bjorgen, Jenny - Bella Vista
Shot Put	Billings, Markayla - Cosumnes Oaks	Yoder, Kelsie - Ponderosa
Discus	Scott, Abigail - Whitney	Yoder, Kelsie - Ponderosa
4x100 Relay	Bella Vita	Cosumnes Oaks
	Worthington, Kendra	Moore, Miah
	Peschke, Sady	Bennett, Josalynn
	Pantis, Zoe	Lowe, Elise
	Barthel, Emma	Poston, Kaliyah
4x400 Relay	Cosumnes Oaks	Antelope
	David, Rosemary	Jacobs, Taylor
	Bennett, Josalynn	Johnson, Amilleion
	Moore, Miah	Huddleston, Amaya
	Cornish, Deborah	Burton, Kylie

2017

100	Fletcher, Mackenzie - Ponderosa	Bennett, Josalynn - Cosumnes Oaks
200	Barthel, Emma - Bella Vista	Bennett, Josalynn - Cosumnes Oaks
400	Bohren, Jaidyn - Oakmont	Burton, Kylie - Antelope
800	Meade, Madison - Roseville	Dix, Victoria - Bella Vista
1600	Meade, Madison - Roseville	Hartke, Alize - Oakmont
3200	McKinney, Cessair - Bella Vista	Hartke, Alize - Oakmont
High Jump	Peschke, Sadye - Bella Vista	Hanf, Emma - Ponderosa
Low Hurdles	Peschke, Sadye - Bella Vista	Fletcher, Mackenzie - Ponderosa
High Jump	Mays, Emma - Roseville	Gray, Brooke - Bella Vista
Pole Vault	Payan, Rachel - Whitney	Price, Robyn - Cosumnes Oaks
Long Jump	Barthel, Emma - Bella Vista	Nicole Terry - Cosumnes Oaks
Triple Jump	Rush, Ashley - Ponderosa	Bowen-Seay, Bailey - Roseville
Shot Put	Daniels, Krsten - Del Campo	Jensen, Natalie - Del Campo
Discus	Billings, Markayla - Cosumnes Oaks	Miguel, Hailey - Bella Vista
4x100 Relay	Bella Vista	Cosumnes Oaks
	Worthington, Kendra	Moore, Miah
	Peschke, Sadye	Bennett, Josalynn
	Panthis, Zoe	Nicole Terry
	Barthel, Emma	Butts, Arionna
4x400 Relay	Cosumnes Oaks	Bella Vista
	Parker, Imani	Worthington, Kendra
	Cornish, Debra	Dix, Victoria
	Bennett, Josalynn	Zschokke, Grace
	Moore, Miah	Peschke, Sadye

2016

100	Jimerson, Kendra - Ponderosa	Willis, Sianna - Cosumnes Oaks
200	Parker, Imani - Cosumnes Oaks	Willis, Sianna - Cosumnes Oaks
400	Parker, Imani - Cosumnes Oaks	Abdur-Rahim, Simone - Cosumnes Oaks
800	Derry, Kendall - Bella Vista	Meade, Madison - Roseville
1600	Derry, Kendall - Bella Vista	Eberle, Brook - Bella Vista
3200	Wohlenberg, Hannah - Bella Vista	McNerney, Sedona - Bella Vista
High Hurdles	Peschke, Sadye - Bella Vista	Johnson, Joy - Cosumnes Oaks
Low Hurdles	Peschke, Sadye - Bella Vista	Johnson, Joy - Cosumnes Oaks
High Jump	Rush, Ashley - Ponderosa	Dozier, Shelby - Bella Vista
Pole Vault	Ferreira, Megan - Roseville	Gwin, Kourtney - Bella Vista
Long Jump	Terry, Nicole - Cosumnes Oaks	Herman, Emily - Ponderosa
Triple Jump	Terry, Nicole - Cosumnes Oaks	Mays, Emma - Roseville
Shot Put	Jackson, Sienna - Cosumnes Oaks	Roberson-Pile, Sydnee - Antelope
Discus	Roberson-Pile, Sydnee - Antelope	Kalembe, Tara - Bella Vista
4x100 Relay	Cosumnes Oaks Willis, Sianna Johnson, Joy Terry, Nicole Parker, Imani	Ponderosa Peterson, Anicka Jimerson, Kendra LaBad, Rebecca Torres, Anabella
4x400 Relay	Cosumnes Oak Parker, Imani Herod, Kendall Johnson, Joy Abdur-Rahim, Simone	Roseville Glaude, Analexis Carson, Brooke Ukaegbu, Nkiruka Meade, Madison

2015

100	Mcgee, Natsumi - Cosumnes Oaks	Arnold, Hannah - Whitney
200	Mcgee, Natsumi - Cosumnes Oaks	Parker, Imani - Cosumnes Oaks
400	Parker, Imani - Cosumnes Oaks	Herod, Kendall - Cosumnes Oaks
800	Derry, Kendall - Bella Vista	Meade, Madison - Roseville
1600	Derry, Kendall - Bella Vista	Loken, Kathryn - Del Campo
3200	Loken, Kathryn - Del Campo	Wohlenberg, Hannah - Bella Vista
High Hurdles	Johnson, Joy - Cosumnes Oaks	Peschke, Sadye - Bella Vista
Low Hurdles	Johnson, Joy - Cosumnes Oaks	Le, Daphne - Oakmont
High Jump	Dozier, Shelby - Bella Vista	Daley, Christina - Whitney
Pole Vault	Ferreira, Megan - Roseville	Johnson, Rylee - Ponderosa
Long Jump	Venerable, Mishaye - Cosumnes Oaks	Herman, Emily - Ponderosa
Triple Jump	Bryant, Tatyana - Antelope	Daley, Christina - Whitney
Shot Put	Roberson-Pile, Sydnee - Antelope	Jones-Lewis, Mikayla - Roseville
Discus	Kalembe, Tara - Bella Vista	Dunn, Brooke - Ponderosa
4x100 Relay	Cosumnes Oaks Mcgee, Natsumi Venerable, Mishaye Banales, Evy	Whitney Lewis, Maliyah Tran, Terrie Vieira, Marialana

4x400 Relay	Terry, Nicole Cosumnes Oaks Parker, Imani Herod, Kendall Moore, Miah Mcgee, Natsumi	Arnold, Hannah Roseville Sessano, Emma Carson, Brooke Ukaegbu, Nicki Meade, Madison
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2014

MOST VALUABLE PLAYER
Kendall Derry, Bella Vista

	OUTSTANDING TRACK Tatiana Bell, Del Campo	OUTSTANDING FIELD: Amanda Nichols, Bella Vista
100	Bell, Tatiana - Del Campo	Adams, Lauren - Christian Brothers
200	Bell, Tatiana - Del Campo	Dorsey, Tiyana - Oakmont
400	McNamara, Kasey - Del Campo	Le, Daphne - Oakmont
800	Derry, Kendall - Bella Vista	Derry, Kaitlin - Bella Vista
1600	Derry, Kendall - Bella Vista	Loken, Kathryn - Del Campo
3200	Loken, Kathryn - Del Campo	McNerney, Sedona - Bella Vista
High Hurdles	Williams, Jenna - Bella Vista	Le, Daphne - Oakmont
Low Hurdles	Le, Daphne - Oakmont	Williams, Jenna - Bella Vista
High Vault	Nichols, Amanda - Bella Vista	Gwin, Kourtney - Bella Vista
Long Jump	Sup, McKenzie - Bella Vista	Johnson, Hanna - Bella Vista
Triple Jump	Horst, Kate - Del Campo	Dorsey, Tiyana - Oakmont
Shot Put	Barnhard, Kendra - Oakmont	Jackson, Danielle - Christian Brothers
Discus	Jackson, Danielle - Christian Brothers	Barnhard, Kendra - Oakmont
4x100 Relay	Christian Brothers Adams, Lauren Gonzales-Smith, Natalia McNeely, Dominique Romani, Kara	Bella Vista Coulter, Mari Sutter, Emily Johnson, Hanna Healey, Jackie
4x400 Relay	Bella Vista Wohlenburg, Hannah Derry, Kaitlin Eberle, Brook Derry, Kendall	Del Campo McNamara, Kasey Capello, Kristi Bell, Tatiana Swigle, Jessica

2013

MOST VALUABLE PLAYER
Joy Weems, Del Campo
McKenzie Sup, Bella Vista

	OUTSTANDING TRACK	OUTSTANDING FIELD
	Kendall Derry, Bella Vista	Sarah Reinhardt, Bella Vista
100	Bell, Tatiana - Del Campo	Carte, Katie - Oakmont
200	Weems, Joy - Del Campo	Bell, Tatiana - Del Campo
400	Weems, Joy - Del Campo	Sup, McKenzie - Bella Vista
800	Derry, Kendall - Bella Vista	Feldkamp, Ashley - Bella Vista
1600	Derry, Kendall - Bella Vista	Derry, Kaitlin - Bella Vista
3200	Garcia, Karlie - Oakmont	McNerney, Sedona - Bella Vista
High Hurdles	Vivaldi, Sophia - Bella Vista	Williams, Jenna - Bella Vista
Low Hurdles	Romani, Kara - Christian Brothers	Le, Daphne - Oakmont
High Jump	Reinhardt, Sarah - Bella Vista	Dozier, Shelby - Bella Vista
Pole Vault	Berg, Molly - Oakmont	Nichols, Amanda - Bella Vista
Long Jump	Sup, McKenzie - Bella Vista	Romani, Kara - Christian Brothers
Triple Jump	Carte, Katie - Oakmont	Horst, Kate - Del Campo
Shot Put	Makoyed, Anastasiya - Bella Vista	Youngblood, Amanda - Oakmont
Discus	Youngblood, Amanda - Oakmont	Jackson, Danielle - Christian Brothers
4x100 Relay	Del Campo Bell, Tatiana Horst, Kate Weems, Joy Capello, Kristi	Bella Vista Germoles, Ashlyn Johnson, Hanna Sutter, Emily Sup, McKensie
4x400 Relay	Del Campo Weems, Joy Swingle, Jessica Bell, Tatiana Capello, Kristi	Bella Vista Sup, McKenzie Feldkamp, Ashley Derry, Kendall Derry, Kaitlin

2012

MOST VALUABLE PLAYER

McKenzie Sup, Bella Vista

	OUTSTANDING TRACK	OUTSTANDING FIELD:
	Marisa Carino, Oakmont	Sarah Reinhardt, Bella Vista
100	Sup, McKenzie - Bella Vista	Brown, Olivia - Del Campo
200	Sup, McKenzie - Bella Vista	Weems, Joy - Del Campo
400	Weems, Joy - Del Campo	Dorsey, Tiyana - Oakmont
800	Carino, Marisa - Oakmont	Feldkamp, Ashley - Bella Vista
1600	Carino, Marisa - Oakmont	Garcia, Karlie - Oakmont
3200	Garcia, Karlie - Oakmont	Lack, Sarah - Bella Vista

High Hurdles	Vivaldi, Sophia - Bella Vista	Edgar, Autumn - Bella Vista
Low Hurdles	Edgar, Autumn - Bella Vista	Stevens, Elise - Bella Vista
High Jump	Reinhardt, Sarah - Bella Vista	Horst, Kate - Del Campo
Pole Vault	Selby, Leah - Oakmont	Fisher, Sierra - Bella Vista
Long Jump	Sup, McKenzie - Bella Vista	Romani, Kara - Christian Brothers
Trip[le Jump	Carte, Katie - Oakmont	Horst, Kate - Del Campo
Shot Put	Barnhard, Kendra - Oakmont	Rocco, Monica - Christian Brothers
Discus	Youngblood, Amanda - Oakmont	Velez, Keanna - Bella Vista
4x100 Relay	Del Campo	Bella Vista
	Allen, Deborai	Bush, Lauren
	Eberhardt, Sydney	Brianna Owen
	Brown, Olivia	Hannah Johnson 0
	Weems, Joy	Kingsbury, Karah
4x400 Relay	Bella Vista	Oakmont
	Sup, McKenzie	Sherazee, Aria
	Stevens, Elise	Dorsey, Tiyana
	Edgar, Autumn	Carino, Marisa
	Kingsbury, Karah	Carte, Katie

2011

MOST VALUABLE PLAYER

Jazmine Harper, Oakmont

OUTSTANDING TRACK

Marisa Carino, Oakmont

100	Sup, McKenzie - Bella Vista
200	Harper, Jazmin - Oakmont
400	Harper, Jazmin - Oakmont
800	Carino, Marisa - Oakmont
1600	Carino, Marisa - Oakmont
3200	Lack, Sara - Bella Vista
High Hurdles	Vivaldi, Sophia - Bella Vista
Low Hurdles	Stevens, Elise - Bella Vista
High Jump	Reinhardt, Sarah - Bella Vista
Pole Vault	Charles, Angie - Bella Vista
Long Jump	Harper, Jazmin - Oakmont
Triple Jump	Hernandez, Michelle - Bella Vista
Shot Put	Parrish, Leah - Bella Vista
Discus	Velez, Keanna - Bella Vista
4x100 Relay	Bella Vista
	Bush, Lauren
	Lim, Li
	Lohmeyer, Audrey

OUTSTANDING FIELD

Angie Charles, Bella Vista

Lim, Li - Bella Vista
Carte, Katie - Oakmont
Weems, Joy - Del Campo
Nevins, Haley - Del Campo
Feldkamp, Ashley - Bella Vista
Kiteck, Susannah - Del Campo
Payne, Lauren - Christian Brothers
Amaro, Cheyenne - Oakmont
Shea, Brie - Oakmont
Selby, Leah - Oakmont
Sup, McKenzie - Bella Vista
Carino, Britney - Oakmont
Ali, Sabrina - Oakmont
Rocco, Monica - Christian Brothers
Rio Linda
Dillon, Kai Lai
Chapman, Paige
Sanchez, Gabrielle

4x400 Relay	Sup, McKenzie Casa Roble Bailey, Kat Sabini, Madison Bunyard, Amber Schmitt, Kellie	Robinson, Raesha Bella Vista Lohmeyer, Audrey Edgar, Autumn Stevens, Elise Masuoka, Audrey
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2010

NO RECORDS ON FILE

2009

100	Stephanie Oweka - Center	Khadijah Fortenberry - Center
200	T'Keyah Birkley - Foothill	Ka'Shay Johnson - Foothill
400	Ka'Shay Johnson - Foothill	Thandi Cato - Center
800	Martina Rios - Cosumnes Oaks	Amanda Rodriques - River City
1600	Audrey Foulk - Cosumnes Oaks	Amanda Rodriques - River City
3200	Audrey Foulk - Cosumnes Oaks	Milla Kravchuk - Antelope
High Hurdles	T'Keyah Birkley - Foothill	Bria Avery - Dixon
Low Hurdles	T'Keyah Birkley - Foothill	Tina Lane - Foothill
High Jump	Lawrell Dobbins - Foothill	Karlana, Gipson - Antelope
Pole Vault	Sarah Nguyen - Center	Heather Haueter - Antelope
Long Jump	Karlenna Gipson - Antelope	Stephanie Oweka - Center
Triple Jump	Tina Lane - Foothill	Sabrina Briscoe - Antelope
Shot Put	Alyssa Manning - Rio Linda	Michelle Okoroike - Antelope
Discus	Alyssa Manning - Rio Linda	Michelle Okoroike - Antelope
4x100 Relay	Foothill T'Keyah Birkley Tina Lane Genesse Dobbins Ka'Shay Johnson	Center Thandi Cato Khadijah Fortenberry Kayla Harvey Stephanie Oweka
4x400 Relay	Foothill Erika Hernandez Ashelaque Brooks Ka'Shay Johnson Lawrell Johnson	Rio Linda Aqueelah Armstead Katie Rose-Daley Briittany Lugar Tina Mendoza