

# CAPITAL VALLEY CONFERENCE

## GIRLS SOCCER ALL CONFERENCE TEAMS

### 2023

McSweeney, Mia - Woodcreek **MVP**  
Dillingham, Jordan – Inderkum  
Ellis, Aaliyah – Antelope  
Ghibanescu, Chloe – Roseville  
Gurierrez, Lily – Antelope  
Lucas, Allie – Inderkum  
Percy, Jocelyn – Woodcreek  
Vargas, Athena - Yuba City

Bryant, Lexi – Woodcreek  
Dunik, Izzy – Roseville  
Forman, Gwen – Roseville  
Gomez, Lauren – Inderkum  
Harden, Ayla - Bella Vista  
Miller, Lorelai - Yuba City  
Reynolds, Josie - Bella Vista

David, Elli – Woodcreek  
Dxennett, Allison - Bella Vista  
Garcia, Kaitlyn - River Valley  
Granno, Sarah – Woodcreek  
Jones, Hailey, Roseville  
Nogen, Emi – Inderkum  
Schorder, Lexi - Woodcreek

### 2022

Alalade, Arinola - Yuba City  
Miller, Lorelai - Yuba City  
Dennett, Allison - Bella Vista  
Richards, Faith - Antelope  
Ellis, Aaliyah - Antelope  
Scholl, Kate - Woodcreek  
Hardenburgh, Ayla - Bella Vista  
Yee, Mia - Inderkum

McSweeney, Mia - Woodcreek  
David, Ellie - Woodcreek **MVP**  
Ramos, Mia - Yuba City  
Eldridge, Grace - Roseville  
Ruiz, Gabriella - River Valley  
Granno, Sarah - Woodcreek  
Wagner, Jenna - Roseville

Bryant, Lexi - Woodcreek  
Prado, Briana - Inderkum  
Dillingham, Jordan - Inderkum  
Rose, Lauren - Roseville  
Ghibanescu, Chloe - Roseville  
Schroeder, Lexi - Woodcreek  
Lucas, Allie - Inderkum

### 2021

Andrade, Serena - Antelope  
McSweeney, Mia - Woodcreek **MVP**  
Dismukes, Reyna - Bella Vista  
Richards, Faith - Antelope  
Gomez, Yessenia - Inderkum  
Ruiz, Gabriella - River Valley  
Irwin, Alyssa - Bella Vista  
Wilson, Lauren - Roseville

Larucea, Kai - Inderkum  
Dean, Micah - Bella Vista  
Mollard, Rosalie - Yuba City  
Garcia, Annelise - Inderkum  
Rose, Lauren - Roseville  
Grilione, Erica - Woodcreek  
Schroeder, Lexi - Woodcreek

David, Elie - Woodcreek  
Miller, Lorelai - Yuba City  
Eldridge, Gracie - Roseville  
Rogers, Faith - Antelope  
Gonzales, Marissa - River Valley  
Scholl, Kate - Woodcreek  
Jimmenez, Lilly - Inderkum

### 2020

Bateman, Elena - Roseville  
Hernandez, Emilia - River Valley  
Burton, Kylie - Antelope  
Melo, Andie - Woodcreek  
Dismukes, Ryena - Bella Vista  
Ramos, Mia - Yuba City  
Gomez, Yessenia - Inderkum  
Stanley, Emily - Woodcreek

Granno, Sarah - Woodcreek  
Bender, Natalie - Yuba City  
McSweeney, Mia - Woodcreek **MVP**  
David, Ellie - Woodcreek  
Pon, Amber - Roseville  
Garcia, Annelise - Inderkum  
Russell, Danielle - Bella Vista

Bechler, Kelsey - Woodcreek  
Jackson, Baylie - Bella Vista  
Casey, Cameron - Roseville  
Miller, Leah - Inderkum  
Filiau, Grace - Inderkum  
Rodgers, Kylie - Antelope  
Granno, Alyssa - Roseville

## 2019

Ballinger, Kenzie - Antelope  
Heaton, Hannah - Roseville  
Corey, Elizabeth - Yuba City  
Kern, Bailee - Bella Vista  
Ehrhardt, Zoie - Inderkum  
Rucker, Megan - Bella Vista  
Gill, Mackenzie - Roseville **MVP**  
Winters, Maddie - Woodcreek

Gulerandsen, Kaylee - River Valley  
Calma, Kaila - Inderkum  
Jamie, Alexia - Inderkum  
Dismukes, Reyna - Bella Vista  
Pon, Amber - Roseville  
Gill, Keley - Roseville  
Vogt, Lillie - Bella Vista

Burton, Kylie - Antelope  
Hernandez, Ashlynn - Roseville  
Deome, Avery - Antelope  
Lomeli, Genesis - Yuba City  
Fredirch, Emily - Woodcreek  
Silvas, Gina - Bella Vista  
Granno, Kylie - Roseville

## 2018

Andrade, Frances - Antelope  
McCord, Alexis - Del Campo  
Fong, Rachel - Ponderosa  
Pahkim, Joelle - Oakmont  
Granno, Kylie - Roseville  
Utush, Kiera - Whitney **MVP**  
Kern, Bailee - Bella Vista  
Wedworth, Jessica - Ponderosa

Louthan, Darian - Whitney  
Banales, Kyndall - Cosumnes Oaks  
Oden, Nisa - Cosumnes Oaks  
Gill, Mackenzie - Roseville  
Rucker, Megan - Bella Vista  
Hernandez, Ashlynn - Roseville  
Wallin, Emilic - Roseville

Arevalo, Bailie Ponderosa  
Miller, Cami - Roseville  
Garcia, Anjalene - Antelope  
Parsons, Madison - Ponderosa  
Harper, Daesha - Cosumnes Oaks  
Vieck, Meghan - Cosumnes Oaks  
Lassetter, Ally - Cosumnes Oaks

## 2017

Branigan, Molly - Roseville  
Kern, Bailee - Bella Vista  
Diviak, Camille - Oakmont  
Scott, Sarah - Whitney  
Garcia, Anjalena - Antelope  
Velenzano, Shay - Whitney  
Hernandez, Ashlynn - Roseville  
Whipple, Kiley - Oakmont

Hill, Kelsey - Cosumnes Oaks  
Day, Alexi - Ponderosa  
Parsons, Madison - Ponderosa **MVP**  
Fink, Keely - Del Campo  
Utush, Kiera - Whitney  
Granno, Kylie - Roseville  
Welsh, Megan - Oakmont

Craig, Sammie - Whitney  
McDougal, Lauren - Cosumnes Oaks  
Dunn, Jasmine - Bella Vista  
Spitzer, Riley - Oakmont  
Gill, Mackenzie - Roseville  
Vicek, Meghan - Cosumnes Oaks  
Higgins, Jordan - Whitney

## 2016

Ayers, Natalie - Bella Vista  
Jones, Abbie - Ponderosa  
Day, Alexis - Ponderosa  
Leeper, Haley - Del Campo  
Gisin, Alexa - Ponderosa  
Osterholt, Hope - Oakmont  
Hill, Kelsey - Cosumnes Oaks  
Valenzano, Shay - Whitney

Johnson, Britney - Bella Vista  
Craig, Sammie - Whitney **MVP**  
Kittredge, Jackie - Roseville  
Fischer, Natalie - Bella Vista  
Odem, Myah - Cosumnes Oaks  
Higgins, Jordan - Whitney  
Spitzer, Riley - Oakmont

Branigan, Molly - Roseville  
Kelly, Sarah - Bella Vista  
Dunn, Jasmyne - Bella Vista  
Mason, Emma - Whitney  
Harper, Dashea - Cosumnes Oaks  
Parsons, Madi - Ponderosa  
Hudson, Megan - Antelope

## 2015

Allen, Chelsea - Bella Vista

Kitredge, Jackie - Roseville

Ayers, Natalie - Bella Vista

Klink, Ariel - Cosumnes Oaks **MVP**  
DeLeon, Sandra - Bella Vista  
Rapisura, Alyssia - Whitney  
Fox, McKenna - Ponderosa  
Spitzer, Riley - Oakmont  
Hill, Sarah - Cosumnes Oaks  
Welsh, Megan - Oakmont

Belardi, Lydia - Del Campo  
Ottley, Anna - Cosumnes Oaks  
Fink, Keely - Del Campo  
Smith, Tahnee - Roseville  
Harris, Hannah - Antelope  
Valenzano - Whitney

McFadyen, Emily - Roseville  
Dunn, Jasmyne - Bella Vista  
Sanders, Nina - Antelope  
Fuchs, Shannon - Bella Vista  
Tritz, Sarah - Cosumnes Oaks  
Jones, Abbie - Ponderosa

### 2014

Anderson, Snowy - Bella Vista  
Prader, Dominique - Oakmont  
Guitierrez - Casa Roble  
Reed, Jenna - Bella Vista  
Martell, Hannah - Bella Vista  
Smith, Jorgie - Bella Vista  
O'Neil, Meghan - Bella Vista  
Thompson, Kayla - Christian Brothers

Pope, Lindsay - Christian Brothers  
Donovan, Sami - Bella Vista **MVP**  
Prieto, Yeimi - Rio Linda  
Lopez, Jaqueline - Del Campo  
Sherwood, Sarah - Del Campo  
Modin, Clara - Casa Roble  
Swank, Kayla - Del Campo

Brouhns-Alcantara, Christina - Del Campo  
Prasad, Ashley - Rio Linda  
LaPaz, Lexi - Christian Brothers  
Sanfilippo, Maddies - Del Campo  
Martinez, Andres - Christian Brothers  
Spitzer, Riley - Oakmont  
Parker, Anna - Oakmont

### 2013

Bates, Katelyn - Christian Brothers  
Nanoo, Skylnn - Bella Vista  
Donovan, Sami - Bella Vista  
Reboin, Caityn - Del Campo  
Ellis, Maddy - Casa Roble  
Smith, Jorgie - Bella Vista  
Hernandez, Gabby - Rio Linda  
Zuniga, Adriana - Rio Linda

Martell, Hannah - Bella Vista  
Carte, Katie - Oakmont  
Pope, Lindsay - Christian Brothers  
Ellis, Deseree - Casa Roble  
Sherwood, Sarah - Del Campo  
Gutierrez, Brandi - Casa Roble  
Wieser, Allie - Oakmont

Burket, DJ - Del Campo  
Platter, Julia - Bella Vista  
Elledge, Lisa - Bella Vista **MVP**  
Sanfilippo, Madelaine - Del Campo  
Greenhow, Alanna - Casa Roble  
Thompson, Kayla - Christian Brothers  
Hollingshead, Natalie - Del Campo

### 2012

Bailey, Charlotte - Bella Vista  
Goodman, Megan - Casa Roble  
Carte, Katie - Oakmont  
Muses, Demi - Casa Roble  
Dickson, Megan - Bella Vista  
Szarek, Jessica - Christian Brothers  
Ellis, Desiree - Casa Roble

Glass, Lauryl - Bella Vista **MVP**  
Boshart, Kendall - Oakmont  
Martell Meghan - Bella Vista  
Derossett, Hannah - Bella Vista  
Roloff, Kelsey - Del Campo  
Elledge, Lisa Bella - Vista  
Thompson, Kayla - Christian Brothers

Bermudez, Jayne - Del Campo  
Greenhow, Alanna - Casa Roble  
DeHaro, Frida - Casa Roble  
Rice, Tiffany - Oakmont  
Dillon, Maggie - Christian Brothers  
Thomas, Page - Oakmont

### 2011

Avery, Sarah - Bella Vista  
Munoz, Ellisa - Christian Brothers

Lindsey, Moressa - Bella Vista  
Boshart, Kendall - Oakmont

Bermudez, Brooke - Del Campo  
Muses, Demi - Casa Roble

Carte, Katie - Oakmont  
Platter, Julia - Bella Vista  
Difuntoriun, Ashlee - Christian Brothers  
Tague, Jena - Oakmont  
Huato, Maria - Rio Linda  
Zumiga, Adriana - Rio Linda

Nagle, Madison - Del Campo  
Delaney, Jordyn - Bella Vista  
Small, Jessica - Christian Brothers  
Hatfield, Haley - Christian Brothers  
Whitehouse, Miami - Del Campo

Cuevas, Marisa - Christian Brothers  
Powers, Kayla - Oakmont  
Easterbrook, Maddie - Bella Vista **MVP**  
Tapia, Cecilia - Casa Roble  
Lewandowski, Chelsea - Blla Vista

### 2009 & 2010

No Records on File

### 2008

Anderson, Kelsey - Dixon  
Jaramillo, Erika - West Campus  
Davis, Trisha - Center  
Pena, Sirena - West Campus  
Gomez, Melissa - West Campus  
Villa-Pondo, Aimee - Dixon

Herrera, Michelle - Dixon  
Davis, Mary - Center  
Mortinelli, Jessica - Foothill  
Gomez, Christina - West Campus  
Salaber, Madeliene - Dixon  
Her, Luc - Rio Linda

Chavez, Ashley - Center  
Martian, Alex - Foothill  
Foy, Meghan - West Campus **MVP**  
Penn, Janida - Center  
Grassel, Arieal - River City  
Walker, Scotie - West Campus

### 2003 to 2007

No Records on File

### 2002

Anderson, Michele - Foothill  
McBee, Darla - Rio Linda  
Culver, Carrie - Loretto  
Phillips, Suzan - Center  
Eberle, Rachel - Loretto  
Vega, Stefani - Natomas

Lin, Megan - Mira Loma  
Chew, Jennifer - Mira Loma  
Murchison, Kaitlin - Loretto  
Dudley, Rene - Center  
Townsend, Sarah - Foothill  
Khlok, Mary - Foothill

Carpenter, Caitlin - Loretto  
Merchant, Lauren - Loretto  
Daugherty, Kelly - Loretto MVP  
Powers, Elizabeth - Foothill  
Haynes, Vanessa - Natomas  
Williams, Jennifer - Highlands

### 2001

Carpenter, Caitlin - Loretto  
Merchant, Lauren - Loretto  
Daugherty, Kelly - Loretto  
O'Conner, Corinn - Mira Loma  
Khlok, Mary - Foothill  
Townsend, Sarah - Foothill

McBee, Amanda - Rio Linda  
Culver, Carrie - Loretto  
Murchison, Kaitlin - Loretto  
Flores, Belen - Natomas  
Powers, Elizabeth - Foothill  
Lin, Megan - Mira Loma

Chew, Jennifer - Mira Loma  
Mroczkowski, Maggie - Highlands **MVP**  
Eberle, Rachel - Loretto  
Perez, Andrea - Center  
Lee, Jenifer - Rio Linda  
Wendt, Lauren - Foothill

### 2000

Affonso, Jordan - Center  
O'Conner, Corinn - Mira Loma  
Gardner, Tara - Foothill  
Russell, Kristin - Natomas

Nava, Andrea - Natomas  
Eastman, Andrea - Mira Loma  
Roscrow, Rachele - Mira Loma  
Khlok, Mary - Foothill

Broussard, Becky - Foothill  
Perez, Andrea - Center  
Greer, Sarah - Highlands  
Simmons, Becky - San Juan

Klok, Sopheary - Foothill  
Vega, Stefani - Natomas

Townsend, Sarah - Foothill  
McBee, Amanda - Rio Linda

Lyn, Megan - Mira Loma  
Wagner, Shannon - Mira Loma **MVP**

### 1999

Broussard, Becky - Foothill  
O'Conner, Corinn - Mira Loma  
Gardner, Tara - Foothill  
Reyes, Elisa - San Juan  
Lyons, Rachel - Center  
Simmons, Becky - San Juan

Nava, Andrea - Natomas  
Dale, Nici - Natomas  
Priest, Christina - Mira Loma  
Klok, Sopheary - Foothill  
Shubert, Katherine - Center  
Moore, Kellie - Foothill **MVP**

Cisneros, Angie - Natomas  
Perez, Andrea - Center  
Grady, Kelly - Mira Loma  
Reyes, Monica - Mira Loma  
McBee, Amanda - Rio Linda  
Wagner, Shannon - Mira Loma

### 1998

Areen, Jesica - Mira Loma  
Iberra, Stephanie - Foothill  
Cisneros, Angie - Natomas  
O'Conner, Corinn - Mira Loma  
Gilbert, Tara - Center  
Ruiz, Rebecca - Mira Loma

Ibarra, Kerri - Foothill  
Ben-lesau, Leslie - Foothill **MVP**  
Macias, Jenny - Natomas  
Dimas, Sativa - Natomas  
Roland, Charla - Mira Loma  
Hood, Kristin - Mira Loma

Banks, Wendy - Foothill  
Lyons, Rachel - Center  
Dale, Nici - Natomas  
Perez, Andrea - Center  
Grady, Kelly - Mira Loma  
Simmons, Becky - San Juan

### 1997

Areen, Jesica - Mira Loma  
Iberra, Stephanie - Foothill  
Contreras, Irene - Mira Loma **MVP**  
Pooley, Meghan - Rio Linda  
DeMars, Jennie - Foothill  
Rich, Laurie - Natomas

Ibarra, Kerri - Foothill  
Cisneros, Angie - Natomas  
Norsworthy, Maria - Rio Linda  
Daly, Marie - Mira Loma  
Reyes, Monica - Mira Loma  
Grady, Kelly - Mira Loma

Banks, Wendy - Foothill  
Mahone, Amber - Mira Loma  
Dale, Nici - Natomas  
Priest, Christina - Mira Loma  
Dimas, Sativa - Natomas  
Spanger, Elizabeth - Foothill

### 1996

Areen, Jesica - Mira Loma  
Plocher, Marie - Galt  
Haydu, Amber - Woodcreek  
Sana, Vanessa - Highlands  
Ishihara, Kellie - Rio Americano  
Wilson, Lea - Rio Americano

Percival, Erin - Rio Americano **MVP**  
Daly, Marie - Mira Loma  
Ramsey, Erica - Center  
Iberra, Stephanie - Foothill  
Welch, Tanya - Woodcreek  
Newlin, Juli - Foothill

Campanelli, Cass - Rio Americano  
Priest, Christina - Mira Loma  
Ibarra, Kerri - Foothill  
Wehrenberg, Sara - Woodcreek  
Nelle, Jo Jo - Rio Americano  
Yu, Camille - Rio Americano

### 1995

Blas, Yvonne - Center  
Lopez, Stephanie - Galt  
Campanelli, Cass - Rio Americano  
Stanley, Lisa - Rio Americano  
Gabbani, Emily - Mira Loma  
Welch, Tanya - Woodcreek

Johnson, Deah - Foothill  
Braden, Jill - Mira Loma  
Ragsac, Nikki - Foothill  
Crown, Angela - Foothill  
Wech, Julie - Galt  
Ibarra, Kerri - Foothill

Bommer, Ashley - Rio Americano  
Perry, Jessica - Rio Americano **MVP**  
Cardenas, Erica - Woodcreek  
Stokes, Jill - Rio Americano  
Grady, Monica - Mira Loma  
Wilson, Lea - Rio Americano

### 1994

Airheart, Inger - Oakmont  
McKay, Denise - Loretto  
Bettencourt, Sara - Roseville  
Perry, Jessica - Rio Americano  
Davis, Veronica - Mira Loma  
Stokes, Jill - Rio Americano  
Henderson, Wendy - Mira Loma

Matteoli, Jana - Oakmont  
Beard, Erin - Loretto  
O'Conner, Erin - Loretto **MVP**  
Coppedge, Shari - Roseville  
Stanley, Lisa - Rio Americano  
Fingar, Sally - Oakmont  
Vlasak, Jodi - Roseville

Baretto, Raino - Foothill  
Murphy, Liz - Oakmont  
Bommer, Ashley - Rio Americano  
Ragsac, Nikki - Foothill  
Enriques, Norma - Loretto  
Vento, Gail - Oakmont  
Kral, Lisa - Highlands

### 1993

Beard, Erin - Loretto  
Morford, Shelly - Foothill  
Enriques, Norma - Loretto  
Sanchuk, Amy - Loretto  
Hansen, Deanne - Rio Americano  
Vlasak, Jodi - Roseville

Missildine, Christina - Foothill  
Costa, Jennifer - Roseville  
Ragsac, Nikki - Foothill  
Grady, Shawnda - Mira Loma  
Vento, Gail - Oakmont  
Howe, Jessica - Foothill

Bettencourt, Sarah - Roseville  
Perry, Jessica - Rio Americano **MVP**  
Fingar, Sally - Oakmont  
Stanley, Lisa - Rio Americano  
Hennelly, Katie - Rio Americano  
Woessner, Kristi - Roseville

### 1992

Bettencourt, Sarah - Roseville  
Perry, Jessica - Rio Americano  
Guill, Brandy - Roseville  
Sanchuk, Amy - Loretto  
Headley, Reva - Rio Americano  
Vlasak, Jodi - Roseville **MVP**

Martinez, Katie - Foothill  
Grady, Shawnda - Mira Loma  
Rocco, Shayleen - Roseville  
Hansen, Diane - Rio Americano  
Stanley, Lisa - Rio Americano  
Klier, Jennifer - Loretto

Chui, Stephanie - Rio Americano  
Ragsac, Nikki - Foothill  
Hansen, Deanne - Rio Americano  
Shull, Christina - Mira Loma  
Jackson, Charisse - Roseville  
Willis, Nicci - Mira Loma

### 1991

Burden, Tricia - Roseville  
Latino, Julie - Rio Americano  
Fitzpatrick, Susie - Loretto  
Prudler, Debbie - Rio Americano **MVP**  
Guill, Brandy - Roseville

Keil, Amy - Rio Americano  
Duffy, Christine - Roseville  
Lucich, Nicole - Loretto  
Gould, Kelly - Roseville  
Sullivan, Marti - Highlands

Duarte, Marissa - Roseville  
Lopez, Fernanda - Oakmont  
Foster, Megan - Rio Americano  
Sheffield, Corry - Oakmont  
Joiner, Stephanie - Oakmont

### 1990

Barr, Emmy - Oakmont  
Lucich, Nicole - Loretto  
Fitzpatrick, Susie - Loretto  
Nash, Sharon - Loretto  
Joiner, Stephanie - Oakmont

Kemmerer, Laura - Roseville  
Douglas, Marcie - El Camino  
Morrison, Karina - Rio Americano  
Hobbs, Tiffani - Oakmont **MVP**  
Witherow, Melanie - Roseville

Desmond, Colleen - Mira Loma  
McGagen, Kerry - El Camino  
Herndon, Gena - El Camino  
Sullivan, Marti - Highlands  
Keil, Amy - Rio Americano

### 1998

Cahill, Cindy - Folsom

Miller, Laura - Mira Loma

Eaton, Erin - El Camino

Morris, Linny - Mira Loma  
Herndon, Gena - El Camino  
Van Rooyen, Krista - Rio Americano  
Lucich, Nicole - Loretto

Hatch, Karen - Roseville  
Scheid, Jenni - Oakmont  
Latino, Julie - Rio Americano  
Yunker, Stacy - Oakmont

Morrison, Karina - Rio Americano  
Hobbs, Tiffani - Oakmont **MVP**  
Walker, Tami - El Camino  
Mendoth, Stacy - El Camino **MVP**