

# **CAPITAL VALLEY CONFERENCE**

## **VOLLEYBALL BY-LAWS**

ADOPTED BY THE CVC ATHLETIC BOARD: April 19, 2010

### **Section 1 - Starting Date**

1.1 The dates for the first day of practice, first scrimmage, first game and last game are determined by the Section.

1.2 A coaches meeting shall be held prior to the first allowable contest.  
*Adopted: January 11, 2012*

### **Section 2 - Official Rules**

2.1 The official rule book shall be the National Federation of State High School Association rule book.

### **Section 3 - Official Ball**

3.1 A high quality eighteen panel white leather ball shall be used in league play.

3.2 Any ball used in competition must have the NFSHSA stamp on it.

### **Section 4 - Contacts**

4.1 The number of contacts are determined by the Section.

4.2 Scrimmages held after the first game shall be counted as a contact.

### **Section 5 - Game Times**

5.1 Game Times as follows:

<u>TEAM</u>	<u>TIME</u>
Freshman	4:00
Sophomore	20 Minutes after Frosh
Sophomore (no Frosh game)	5:00
Varsity	20 Minutes after Soph

## **Section 6 - Game Results**

6.1 The home school shall be responsible to notify the media with game results.

## **Section 7 - Change in Classification**

7.1 During non-league games athletes may move from one classification to another. In league play a player may move only to a higher classification. An athlete may not participate in more than one classification in one day.

## **Section 8 - Championship**

8.1 The varsity team with the greatest number of wins in league competition shall be designated as League Champion.

8.1.1 In the event of a tie, all teams tied for the best records shall be recognized as League Champions.

8.2 No champion will be recognized below the varsity level.

## **Section 9 - Playoffs**

9.1 The team(s) qualifying for participation in the playoff will be determined by the Section.

## **Section 10 - Miscellaneous - Activity Specific**

10.1 Bleachers will be set up on only one side, unless the number of spectators requires both sides.

10.1.1 Chairs for a team areas shall be set up on the side opposite of the bleachers.

10.2 The home school shall provide two (2) line judges for every match who are competent and trained.

10.3 Freshman and Frosh/Soph will play two (2) out of three (3) games, Varsity will play three (3) out of five (5) games

10.4 The home team shall supply warm-up balls for both teams.

10.5 Warm ups shall be according to there following schedule:

<u>TIME</u>	<u>TEAM</u>
7 Minutes	shared court
6 Minutes	serving team
6 Minutes	receiving team