

# CAPITAL VALLEY CONFERENCE

## 2012-13 WRESTLING SCHEDULE

### IMPORTANT DATES

Start of Dead Period: Monday, October 15  
First Scrimmage: Saturday, November 17  
Last Contest: Duals Jan, 30 - Indv. Feb 9

First Day of Practice: Monday, November 5  
First Contest: Friday, November 23  
First Playoff Game: Friday, February 15

### STARTING TIMES

Weigh in: 5:00 to 5:30  
Match Starts at: 6:00

#### **Wednesday December 19 - OK**

Rio Linda at Bella Vista  
Oakmont at Christian Brothers  
Casa Roble at Del Campo

#### **Wednesday, January 9**

Casa Roble at Rio Linda  
Oakmont at Bella Vista XXX Tues  
Del Campo at Christian Brothers

#### **Wednesday, January 16**

Del Campo at Rio Linda xxx Thurs  
Casa Roble at Oakmont  
Christian Brothers at Bella Vista

#### **Wednesday, January 23**

Bella Vista at Del Campo XXX Thurs  
Oakmont at Rio Linda  
Christian Brothers at Casa Roble

#### **Wednesday, January 30**

Del Campo at Oakmont  
Bella Vista at Casa Roble  
Rio Linda at Christian Brothers XXX Thurs

#### **Saturday, Feb 9**

League Meet at Casa Roble