

**CAPITAL VALLEY CONFERENCE
GIRLS TRACK
ALL CONFERENCE TEAMS**

2012

MOST VALUABLE PLAYER

OUTSTANDING TRACK:

OUTSTANDING FIELD:

100	Sup, McKenzie	Bella Vista	Brown, Olivia	Del Campo
200	Sup, McKenzie	Bella Vista	Weems, Joy	Del Campo
400	Weems, Joy	Del Campo	Dorsey, Tiwana	Oakmont
800	Carino, Marisa	Oakmont	Feldkamp, Ashley	Bella Vista
1600	Carino, Marisa	Oakmont	Garcia, Karlie	Oakmont
3200	Garcia, Karlie	Oakmont	Lack, Sarah	Bella Vista
HH	Vivaldi, Sophia	Bella Vista	Edgar, Autumn	Bella Vista
LH	Edgar, Autumn	Bella Vista	Stevens, Elise	Bella Vista
HJ	Reinhardt, Sarah	Bella Vista	Horst, Kate	Del Campo
PV	Selby, Leah	Oakmont	Fisher, Sierra	Bella Vista
LJ	Sup, McKenzie	Bella Vista	Romani, Kara	Christian Brothers
TJ	Carte, Katie	Oakmont	Horst, Kate	Del Campo
SP	Barnhard, Kendra	Oakmont	Rocco, Monica	Christian Brothers
Disc	Youngblood, Amanda	Oakmont	Velez, Keanna	Bella Vista
4x100 Relay	Allen, Deborai Eberhardt, Sydney Brown, Olivia Weems, Joy	Del Campo	Bush, Lauren Brianna Owen Hannah Johnson Kingsbury, Karah	Bella Vista
4x400 Relay	Sup, McKenzie Stevens, Elise Edgar, Autumn Kingsbury, Karah	Bella Vista	Sherazee, Aria Hvidsten, Austen Carino, Marisa Carte, Katie	Oakmont

2011

MOST VALUABLE PLAYER

Jazmine Harper, Oakmont

OUTSTANDING TRACK:

OUTSTANDING FIELD:

100	Sup, McKenzie	Bella Vista	Lim, Li	Bella Vista
200	Harper, Jazmin	Oakmont	Carte, Katie	Oakmont

400	Harper, Jazmin	Oakmont	Weems, Joy	Del Campo
800	Carino, Marisa	Oakmont	Nevins, Haley	Del Campo
1600	Carino, Marisa	Oakmont	Feldkamp, Ashley	Bella Vista
3200	Lack, Sara	Bella Vista	Kiteck, Susannah	Del Campo
HH	Vivaldi, Sophia	Bella Vista	Payne, Lauren	Christian Brothers
LH	Stevens, Elise	Bella Vista	Amaro, Cheyenne	Oakmont
HJ	Reinhardt, Sarah	Bella Vista	Shea, Brie	Oakmont
PV	Charles, Angie	Bella Vista	Selby, Leah	Oakmont
LJ	Harper, Jazmin	Oakmont	Sup, McKenzie	Bella Vista
TJ	Hernandez, Michelle	Bella Vista	Carino, Britney	Oakmont
SP	Parrish, Leah	Bella Vista	Ali, Sabrina	Oakmont
Disc	Velez, Keanna	Bella Vista	Rocco, Monica	Christian Brothers
4x100 Relay	Bush, Lauren Lim, Li Lohmeyer, Audrey Sup, McKenzie	Bella Vista	Dillon, Kai Lai Chapman, Paige Sanchez, Gabrielle Robinson, Raesha	Rio Linda
4x400 Relay	Bailey, Kat Sabini, Madison Bunyard, Amber Schmitt, Kellie	Casa Roble	Lohmeyer, Audrey Edgar, Autumn Stevens, Elise Masuoka, Audrey	Bella Vista

2010

NO RECORDS ON FILE

2009

100	Stephanie Oweka	Center	Khadijah Fortenberry	Center
200	T'Keyah Birkley	Foothill	Ka'Shay Johnson	Foothill
400	Ka'Shay Johnson	Foothill	Thandi Cato	Center
800	Martina Rios	Cosumnes Oaks	Amanda Rodriques	River City
1600	Audrey Foulk	Cosumnes Oaks	Amanda Rodriques	River City
3200	Audrey Foulk	Cosumnes Oaks	Milla Kravchuk	Antelope
HH	T'Keyah Birkley	Foothill	Bria Avery	Dixon
LH	T'Keyah Birkley	Foothill	Tina Lane	Foothill
HJ	Lawrell Dobbisn	Foothill	Karlana Gipson	Antelope
PV	Sarah Nguyen	Center	Heather Haueter	Antelope
LJ	Karlenna Gipson	Antelope	Stephanie Oweka	Center
TJ	Tina Lane	Foothill	Sabrina Briscoe	Antelope
SP	Alyssa Manning	Rio Linda	Michelle Okoroike	Antelope
Disc	Alyssa Manning	Rio Linda	Michelle Okoroike	Antelope
4x100 Relay	T'Keyah Birkley Tina Lane Genesse Dobbins KaShay Johnson	Foothill	Thandi Cato Khadijah Fortenberry Kayla Harvey Stephanie Oweka	Center
4x400 Relay	Erika Hernndez Ashelaque Brooks Ka'Shay Johnson	Foothill	Aqueelah Armstead Katie Rose-Daley Briittany Lugar	Rio Linda

Lawrell Johnson

Tina Mendoza